

Taking Flight: A Journey from Pediatric to Adult Health Care

Are you a teen or the parent of a teen living with a chronic health condition?*

Do you have questions about:

- How to make the move from pediatric to adult health care
- How to talk with your parents about being more independent in your health care
- How to work with your teen to support them in taking care of their health care?

Join us for a FREE evening about teen health transition. There will be breakout sessions for teens and parents to discuss specific interests.

Thursday May 6, 2010
6:30 pm – 8:30 pm
Seattle Children's
Small Dining Rooms 2 & 3
(5th floor next to Sound Cafe)

For detailed directions to Seattle Children's, visit

<http://www.seattlechildrens.org/visitors/maps-directions/main-campus>

*Chronic health conditions may include asthma, diabetes, rheumatoid arthritis, cystic fibrosis, HIV and many other diagnoses.

Supported by the Department of Health Children with Special Health Care Needs Program and Seattle Children's