



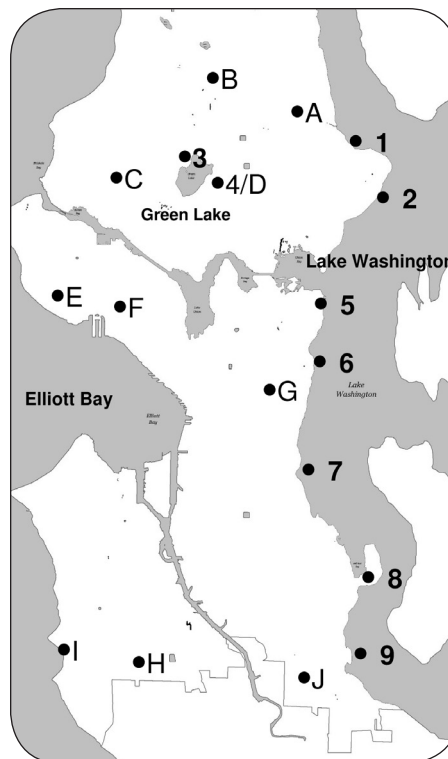
Swim at Lifeguarded Beaches and Pools

Lifeguards are on duty at:

- Nine Seattle beaches from late June through August, 12 noon to 7 p.m. daily.
- Eight indoor pools that are open all year.
- Two outdoor pools that are open from late May through early September.

Wading pools are located throughout the city:

- www.seattle.gov/parks/aquatics/wadingpools.htm
- For daily information and hours call 206-684-7796.



Lifeguarded Beaches

1. MATTHEWS
9300 51st Ave NE
2. MAGNUSON
Entrance at NE 65th and Sand Point Way NE
3. WEST GREEN LAKE
7312 W Green Lake Dr N
4. EAST GREEN LAKE
7201 E Green Lake Dr N
5. MADISON
900 43rd Ave E
6. MADRONA
853 Lake Washington Blvd
7. MOUNT BAKER
2301 Lake Washington Blvd S
8. SEWARD
5900 Lake Washington Blvd S
9. PRITCHARD
8400 56th Ave S

Lifeguarded Swimming Pools

| | | |
|---|------------------------|--------------|
| A. MEADOWBROOK | 10515 35th Ave NE | 206-684-4989 |
| B. HELENE MADISON | 13401 Meridian Ave N | 206-684-4979 |
| C. BALLARD | 1471 NW 67th St | 206-684-4094 |
| D. EVANS | 7201 E Green Lake Dr N | 206-684-4961 |
| E. MOUNGER (outdoor) | 2535 32nd Ave W | 206-684-4708 |
| F. QUEEN ANNE | 1920 1st Ave W | 206-684-4282 |
| G. MEDGAR EVERS | 500 23rd Ave | 206-684-4766 |
| H. SOUTHWEST | 2801 SW Thistle St | 206-684-7440 |
| I. COLMAN (outdoor) | 8603 Fauntleroy Way SW | 206-684-7494 |
| J. RAINIER BEACH (closed until 2013) | 8825 Rainier Ave S | 206-386-1944 |

To Learn More

Seattle Parks & Recreation: www.seattle.gov/parks/aquatics
206-684-4075
Seattle Children's: www.seattlechildrens.org/dp/
Bus routes: <http://tripplanner.metrokc.gov/>



Free and low-cost resources to help keep your family safe while enjoying the water.

- **Learn to swim**
- **Wear a life jacket**
- **Swim at lifeguarded beaches and pools**



Seattle Children's
HOSPITAL · RESEARCH · FOUNDATION



SEATTLE PARKS
AND RECREATION

In partnership with Communities Putting Prevention to Work, *Everyone Swims!*, Department of Health and Human Services, and Public Health—Seattle & King County.



Learn to Swim

Free beginning swim lessons are at nine Seattle beaches:

- Late June through August at 12:15 p.m. on weekdays.
- For youth, ages 6 and older.
- To register your child, speak to a beach lifeguard.

Low-cost swim lessons are available at all 10 pools:

- For all ages and ability levels.
- Call your local pool for details and ask about reduced rates for low-income families.



Learn to Swim as a Family

School of FISH is a low-cost beginning swim class for families:

- Classes are for one parent and one school-age child.
- First 10-lesson class is free.
- Register in person, online, or by phone at these pools:
Helene Madison, Medgar Evers, or Southwest.



Wear a Life Jacket

Borrow a free life jacket to wear while swimming:

- At any beach or pool.
- Look for the life jacket loan sign or ask the lifeguard.

Buy a low-cost life jacket for children and adults at Evans Pool at Green Lake:

- On sale May through September.
- 3rd Saturday of each month, 10 a.m. to 2 p.m.
- \$20 to \$30 for all sizes and styles of life jackets.
- For more information call 206-684-4961.

