

KONFUR KING COUNTY

Dhabbaasha iyo Madaddaalada Biyaha Koonfur King County

Qof Kastaa Dabbaasha!

Ujeeddada Qof Kastaa Dabbaasha (Everyone Swims) waa sidii loo kordhin lahaa marinka loogu helo dabbaalashada iyo madaddaalada biyaha ee ka jira Seattle iyo King County, Washington. Qof Kastaa Dabbaasha waa isbahaysi ay suurtagalisay bixinta kharashkeeda laga helay Waaxda Caafimaadka iyo Adeegyada Dadka iyo Caafimaad Dadweynaha - Deegaanka Seattle & King County.



Dabbaashu waa wax xiise badan oo ah hab aad ugu wanaagsan in jimicsiga lagu qaato. Aqoonta sida loo dabbaasho ayaa ah xirfad kaa caawin karta inaad badbaaddo. Waxa jira meelo badan oo loogu talagalay carruurta, dhallinta dhowr iyo toban jirka ah, qoysaska iyo dadka qaan-gaarka ah inay jecleystaan ku dabbaashaan gudaha Seattle iyo King County. Waxa kale oo meelo aad ku seebeyn karto, badmar ku samayn karto, ama huuri ama kayak ku kaxaysan karto. Dadka ka shaqeeeya goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha ayaa raba inay kaa caawiyaan sidii aad u heli lahayd siyaabaha aad si badbaado leh aad ugu raaxaysan lahayd bixiyaha.

Haddii aad ugu baahato caawimo ka bixinta casharrada dabbaasha, weydiiso deeqaha waxbarashadooda. Buulal badan ayaa waliba leh wakhtiyo ama fasallo gaar ah oo leh qiime ka jaban kuwa kale. Markay xagaaga tahay, xeebo badan oo leh waardiyaasha badbaadada qofka ayaa laga bixiyaa xasharrada dabbaasha oo lacag la'aan ah. Xeebaha qaarkood ayay joogaan waardiyaasha badbaadada qofka laga bilaabo Juun illaa Sebtember. Kala xiriir xeebta deegaankaaga ku taal waxa ku saabsan jadwalka iyo saacadaha waardiyaasha badbaadada qofku joogaan goobta. Xaashidan ayaa adigaa kaa caawin karta sidii aad uga heli lahayd buul, barnaamij dooni kaxays ama xeeb agagaaraha beeshaada ku taal.

(Dhinca Kale)

Ma rabtaa inaad wax dheeraad ah uga barato arrimaha ku saabsan dabbaasha iyo badbaadada biyaha? Booqo: www.seattlechildrens.org/dp

Goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha nolasha qofka lagu waardiyo ee ku yaal Koonfur King County

Auburn

YMCA - Auburn*

1620 Perimeter Rd. SW
Auburn, WA 98001
253-833-2770
www.seattlemca.org

Burien

Evergreen Community Aquatics Center

White Water Aquatics
606 SW 116th St.
Burien, WA 98166
206-588-2297
www.teamunify.com/Home.jsp?team=cmwaecac

Covington

Covington Aquatic Center

18230 SE 240th St.
Covington, WA 98042
425-413-7665
www.covingtonwa.gov/cac

Des Moines

Mt. Rainier Pool

Aquatics Management Group
22722 19th Ave. S
Des Moines, WA 98198
206-824-4722
www.mountrainierpool.com

Enumclaw

Enumclaw Aquatic Center

420 Semanski St.
Enumclaw, WA 98022
360-825-1188
www.cityofenumclaw.net/index.asp?Type=B_BASIC&SEC={A704E727-5274-415A-BCD4-E6F8F26AE7D2}

Federal Way

Weyerhaeuser King County Aquatic Center (WKAC)

650 SW Campus Dr.
Federal Way, WA 98023
206-296-4444
www.kingcounty.gov/recreation/parks/pools.aspx

Federal Way Community Center and Pool

876 S 333rd St.
Federal Way, WA 98003
253-835-6900
http://itallhappenshere.org/swim.html

Steel Lake Park Swimming Area

2410 S 312th St.
Federal Way, WA
No phone number listed
http://cityoffederalway.com/Facilities.aspx?Page=detail&RID=9

Kent

Kent Meridian Pool

Aquatics Management Group
25316 101st Ave. SE
Kent, WA 98030
253-854-9287
http://kentmeridianpool.com

Lake Meridian Park Swimming Area

14800 SE 272nd St.
Kent, WA
253-856-5000
www.ci.kent.wa.us/content.aspx?id=10596

Maple Valley

Lake Wilderness Park Swimming Area

23601 SE 248th St.
Maple Valley, WA 98038
425-432-9953
www.maplevalleywa.gov/index.aspx?page=111

Renton

Cascade Canoe and Kayak Center

Cedar River Boathouse
1060 Nishiwaki Ln.
Renton, WA 98057
425-430-0111
www.canoe-kayak.com

Gene Coulon Memorial Beach Park

1201 Lake Washington Blvd. N
Renton, WA 98056
425-430-6700
www.rentonwa.gov/living/default.aspx?id=74

Hazen High School Pool

Renton School District
1101 Hoquiam Ave. NE
Renton, WA 98059
425-204-4230
www.rentonschools.us/Departments/Pool_-_Hazen_High_School

Henry Moss Outdoor Aquatic Center

1719 SE Maple Valley Highway
Renton, WA 98057
425-430-6780
http://rentonwa.gov/living/default.aspx?id=190

Lindbergh High School Pool

16740 128 Ave. SE
Renton, WA 98058
425-204-4440
www.rentonschools.us/Departments/Pool_-_Lindbergh_High_School/Home

Orca Swim School - Renton program

3rd Ave. and Williams Ave. N
Renton, WA 98057
425-793-9870
www.orcaswimschool.com

SeaTac

YMCA - Matt Griffin*

3595 S 188th St.
SeaTac, WA 98188
206-244-5880
www.seattlemca.org

Angle Lake Beach Park

19408 International Blvd.
SeaTac, WA 98188
206-973-4800
www.ci.seatac.wa.us/index.aspx?page=144

Tukwila

Tukwila Pool

4414 S 144th St.
Tukwila, WA 98168
206-267-2350
www.ci.tukwila.wa.us/recreation/recpool.html

* YMCA waa urur xubin ka noqosho oo u furan dadka oo idil

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Seattle Children's ayaa macluumaadkan ka dhigi doonta in lagu helo qaab kale marka la weydiisto. Uga wac Isgaarsiinta Suuqaynta taleefanka 206-987-5205 ama 206-987-2280 (TTY). Xaashidan ayay dib u eegeen shaqaalaha rug caafimeedka Seattle Children's. Hase yeeshe, baahida ilmahaaga ayaa mid gaar ah. Kahor intaadan ku dhaqaaqin ama ama aadan isku hallayn macaluumaadkan, fadlan kala hadal bixiyaha daryeel-caafimaad ee ilmahaaga.

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