

SEATTLE

Dhabbaasha iyo Madaddaalada Biyaha gudaha Seattle

Qof Kastaa Dabbaasha!

Ujeeddada Qof Kastaa Dabbaasha (Everyone Swims) waa sidii loo kordhin lahaa marinka loogu helo dabbaalashada iyo madaddaalada biyaha ee ka jira Seattle iyo King County, Washington. Qof Kastaa Dabbaasha waa isbahaysi ay suurtagalisay bixinta kharashkeeda laga helay Waaxda Caafimaadka iyo Adeegyada Dadka iyo Caafimaad Dadweynaha - Deegaanka Seattle & King County.



Dabbaashu waa wax xiise badan oo ah hab aad ugu wanaagsan in jimicsiga lagu qaato. Aqoonta sida loo dabbaasho ayaa ah xirfad kaa caawin karta inaad badbaaddo. Waxa jira meelo badan oo loogu talagalay carruurta, dhallinta dhowr iyo toban jirka ah, qoysaska iyo dadka qaan-gaarka ah inay jecleystaan ku dabbaashaan gudaha Seattle iyo King County. Waxa kale oo meelo aad ku seebeyn karto, badmar ku samayn karto, ama huuri ama kayak ku kaxaysan karto. Dadka ka shaqeeeya goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha ayaa raba inay kaa caawiyaan sidii aad u heli lahayd siyaabaha aad si badbaado leh aad ugu raaxaysan lahayd bixiyaha.

Haddii aad ugu baahato caawimo ka bixinta casharrada dabbaasha, weydiiso deeqaha waxbarashadooda. Buulal badan ayaa waliba leh wakhtiyo ama fasallo gaar ah oo leh qiime ka jaban kuwa kale. Markay xagaaga tahay, xeebo badan oo leh waardiyeaasha badbaadada qofka ayaa laga bixiyaa xasharrada dabbaasha oo lacag la'aan ah. Xeebaha qaarkood ayay joogaan waardiyeaasha badbaadada qofka laga bilaabo Juun illaa Sebtember. Kala xiriir xeebta deegaankaaga ku taal waxa ku saabsan jadwalka iyo saacadaha waardiyeaasha badbaadada qofku joogaan goobta. Xaashidan ayaa adigaa kaa caawin karta sidii aad uga heli lahayd buul, barnaamij dooni kaxays ama xeeb agagaaraha beeshaada ku taal.

(Dhinca Kale)

Ma rabtaa inaad wax dheeraad ah uga barato arrimaha ku saabsan dabbaasha iyo badbaadada biyaha? Booqo:
www.seattlechildrens.org/dp

Goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha nolasha qofka lagu waardiyo ee ku yaal Seattle

Woqooyiga Seattle

Ballard Pool

Seattle Parks and Recreation
1471 NW 67th St.
Seattle, WA 98117
206-684-4094
www.cityofseattle.net/parks/aquatics/ballardp.htm

YMCA - Dale Turner*

19290 Aurora Ave. N
Shoreline, WA 98133
206-363-0446
www.seattleyymca.org

East Green Lake Beach

Seattle Parks and Recreation
7201 E Green Lake Dr. N
Seattle, WA 98115
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=307

Evans Pool

Seattle Parks and Recreation
7201 E Green Lake Dr. N
Seattle, WA 98115
206-684-4961
www.seattle.gov/parks/aquatics/evanspool.htm

Green Lake Small Craft Center

5900 West Green Lake Way N
Seattle, WA 98103
206-684-4074
www.seattle.gov/parks/boats/Grnlake.htm

Helene Madison Pool

Seattle Parks and Recreation
13401 Meridian Ave. N
Seattle, WA 98113
206-684-4979
www.seattle.gov/parks/aquatics/madisonpool.htm

Magnuson Beach

Seattle Parks and Recreation
7400 Sand Point Way NE
Seattle, WA
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=398

Matthews Beach

Seattle Parks and Recreation
49th Ave NE & NE 93rd ST
Seattle, WA
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=347

Meadowbrook Pool

Seattle Parks and Recreation
10515 35th Ave. NE
Seattle, WA 98125
206-684-4989
www.cityofseattle.net/parks/aquatics/meadowbrookpool.htm

West Green Lake Beach

Seattle Parks and Recreation
7312 West Green Lake Dr N
Seattle, WA 98103
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=307

Dhexaadka Seattle

Lowery C. "Pop" Mounger Outdoor Pool

Seattle Parks and Recreation
2535 32nd Ave. W
Seattle, WA 98199
206-684-4708
www.seattle.gov/parks/aquatics/mounger.htm

Madison Park Beach

Seattle Parks and Recreation
E Madison St. and E Howe St.
Seattle, WA 98112
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=369

Madrona Park Beach

Seattle Parks and Recreation
853 Lake Washington Blvd.
Seattle, WA 98122
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=370

Medgar Evers Pool

Seattle Parks and Recreation
500 23rd Ave.
Seattle, WA 98122
206-684-4766
www.seattle.gov/parks/Aquatics/everspool.htm

Pocock Rowing Center

3320 Fuhrman Ave. E
Seattle, WA 98102
206-328-0778
www.pocockrowingcenter.org

Queen Anne Pool

Seattle Parks and Recreation
1920 1st Ave. W
Seattle, WA 98119
206-386-4282
www.seattle.gov/parks/aquatics/queenannepool.htm

YMCA - Downtown*

909 4th Ave.
Seattle, WA 98104
206-382-5010
www.seattleyymca.org

YMCA - Meredith Mathews East Madison*

1700 23rd Ave.
Seattle, WA 98122
206-322-6969
www.seattleyymca.org

Galbeedka Seattle

Colman Outdoor Pool
Seattle Parks and Recreation
8603 Fauntleroy Way SW
Seattle, WA 98136
206-684-7494
www.seattle.gov/parks/aquatics/colman.htm

Southwest Pool

Seattle Parks and Recreation
2801 SW Thistle St.
Seattle, WA 98126
206-684-7440
www.seattle.gov/parks/Aquatics/Swpool.htm

YMCA - West Seattle and Fauntleroy*

4515 36th Ave. SW
Seattle, WA 98146
206-935-6000
www.seattleyymca.org

Koonfurta Seattle

Mount Baker Park Beach

Seattle Parks and Recreation
2521 Lake Park Dr. S
Seattle, WA 98144
206-684-4075
www.seattle.gov/Parks/beach_detail.asp?id=419

Mt. Baker Rowing and Sailing Center

Seattle Parks and Recreation
3800 Lake Washington Blvd. S
Seattle, WA 98118
206-386-1913
www.seattle.gov/parks/boats/Mtbaker.htm

Pritchard Island Beach

Seattle Parks and Recreation
8400 55th Ave. S
Seattle, WA 98115
206-684-4075
www.cityofseattle.net/parks/park_detail.asp?id=420

Rainier Beach Pool

CLOSED FOR REMODEL until 2013

Seattle Parks and Recreation
8825 Rainier Ave. S
Seattle, WA 98118
206-386-1925
www.seattle.gov/parks/aquatics/rainierbeachpool.htm

Seward Park Beach

Seattle Parks and Recreation
5895 Lake Washington Blvd. S
Seattle, WA 98118
206-684-4075
www.seattle.gov/parks/environment/seward.htm

** YMCA waa urur xubin ka noqosho oo u furan dadka oo idil*

Dabbaashu waa wax xiise badan oo ah hab aad ugu wanaagsan in jimicsiga lagu qaato. Aqoonta sida loo dabbaasho ayaa ah xirfad kaa caawin karta inaad badbaaddo.