We are seeking novel antiobesity drugs with increased efficacy and safety. The most striking examples of treatment-resistant childhood obesity are observed in patients with dysfunctional hypothalamic signaling, such as in Prader-Willi-Syndrome (PWS), hypothalamic obesity (HO) due to craniopharyngioma, or in subjects with deficient melanocortin signaling, leading to hyperphagia and excessive weight gain. Current genetic PWS rodent models display a limited number of PWS features. Most monogenic causes of obesity are rare and do not represent the vast majority of obese patients, except for melanocortin-4-receptor mutations, that are found in 2-7% of patients with early onset severe obesity.

Our group has developed an innovative rat model of combined medial hypothalamic lesions that best mimics the metabolic sequelae of obese craniopharyngioma patients. In this model, hyperphagia and postsurgical weight gain are associated with decreased hypothalamic mRNA levels of anorexic peptides, but increased number of microglia and stimulation of the nuclear factor kappa B pathway in the mediobasal hypothalamus. Due to the hypothalamic lesion, this is a model for disturbed hypothalamic signaling but intact hindbrain satiety signaling pathways.

We are currently testing potential body weight-reducing agents, including endogenous peptides and their analogs to restore deficient signaling due to disturbed hypothalamic mechanisms. Another area of interest is to test the effects of anti-inflammatory drugs on metabolic parameters and biomarkers in rodent models of obesity. In most current experiments, drugs are delivered in a pulsatile manner by surgically implanted micro-infusion pumps and metabolic cages are used for the continuous measurement of food intake, body weight, body temperature, and activity. This method of treatment administration is less stressful on the animal than tethering or injections, minimizing a significant confounding factor to the data.