

My Heart Operation Color Book



Children's
Hospital & Regional Medical Center

Seattle, Washington

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Heart Surgery Color Book

Dear Parents,

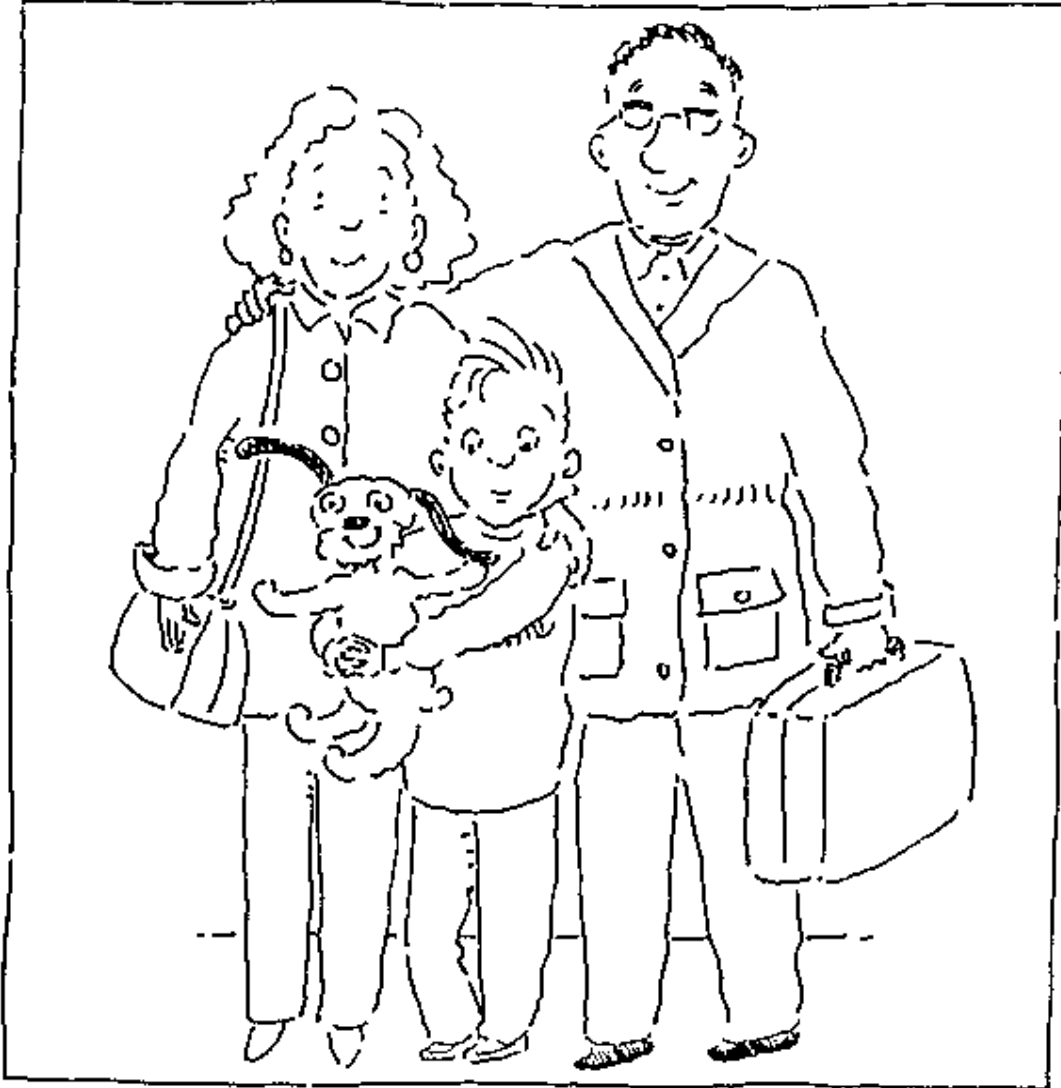
This coloring book can help you prepare your child for his or her heart operation at Children's Hospital and Regional Medical Center. It is a very simple overview of what is going to happen. It can help your child understand some of the things they may see or feel.

Use this book as you see fit. You can read it to your child or have your child read it alone. The pictures are meant to be colored and talked about. You may find that your child has many questions after looking at the pictures. He or she may want to know if the operation will hurt, if it will be scary, and if you are going to be with them when they wake up. These are normal questions and it is best to answer them honestly. Here are some possible answers to these questions, but you will know how best to talk to your child.

“Is it going to hurt?” “(It’s important to ask your child what hurt they are talking about so you can be sure to answer the right question). *“Yes, it will probably hurt some, but the doctors and nurses will be giving you medicine to stop your pain. You need to let them know when you hurt so they can help you.”*

“Will it be scary?” *“It’s sometimes scary to be in a new place, but people will always be with you. I will stay next to you whenever I can. The hospital has lots of fun things to do when you start feeling better, so we can look forward to that.”*

Please let us know if your child likes the book. Call the Heart Center at 987-2015 if there are any questions we can answer before you come.



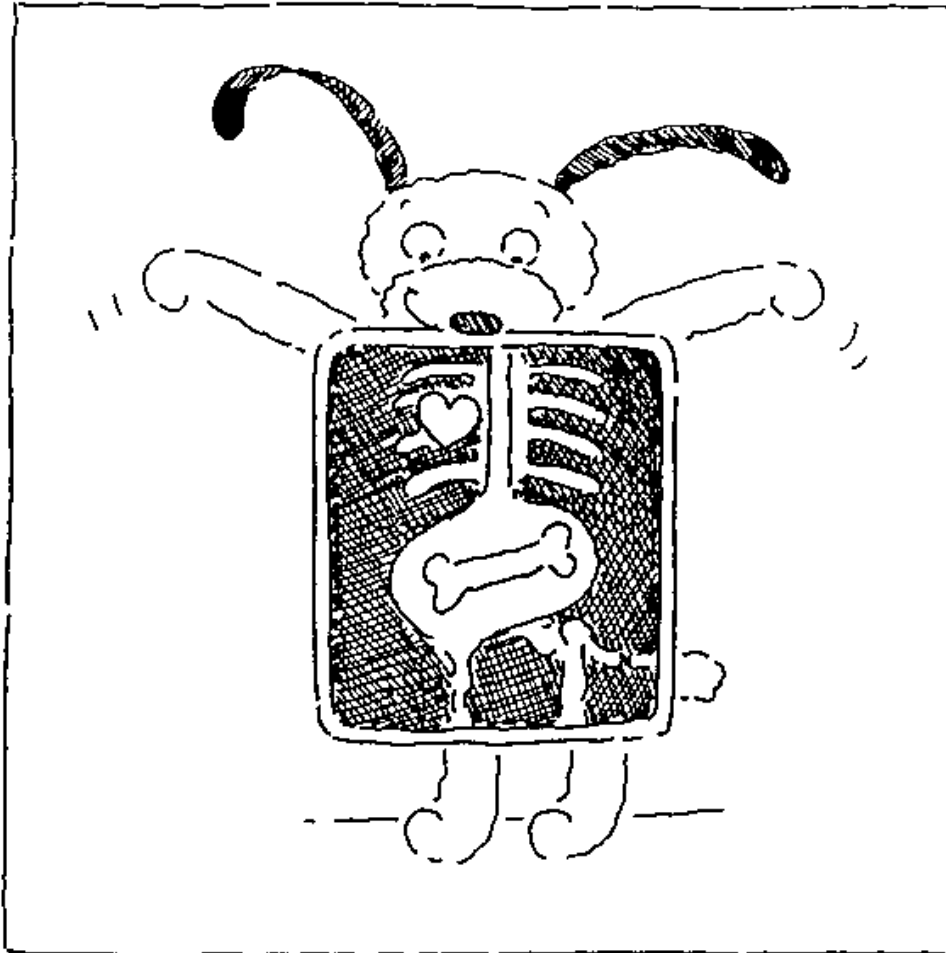
I am having an operation to fix my heart.



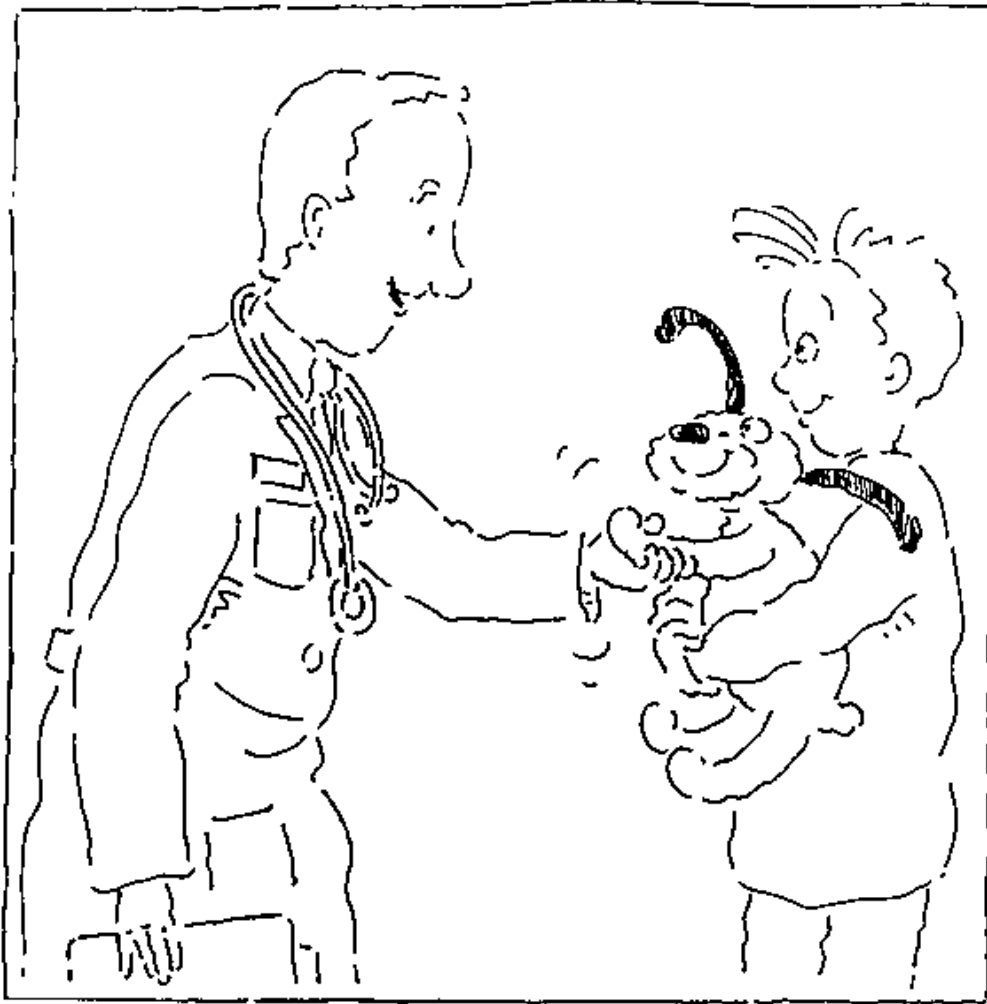
**At the hospital, they put those funny wires on me.
At least it does not hurt!**



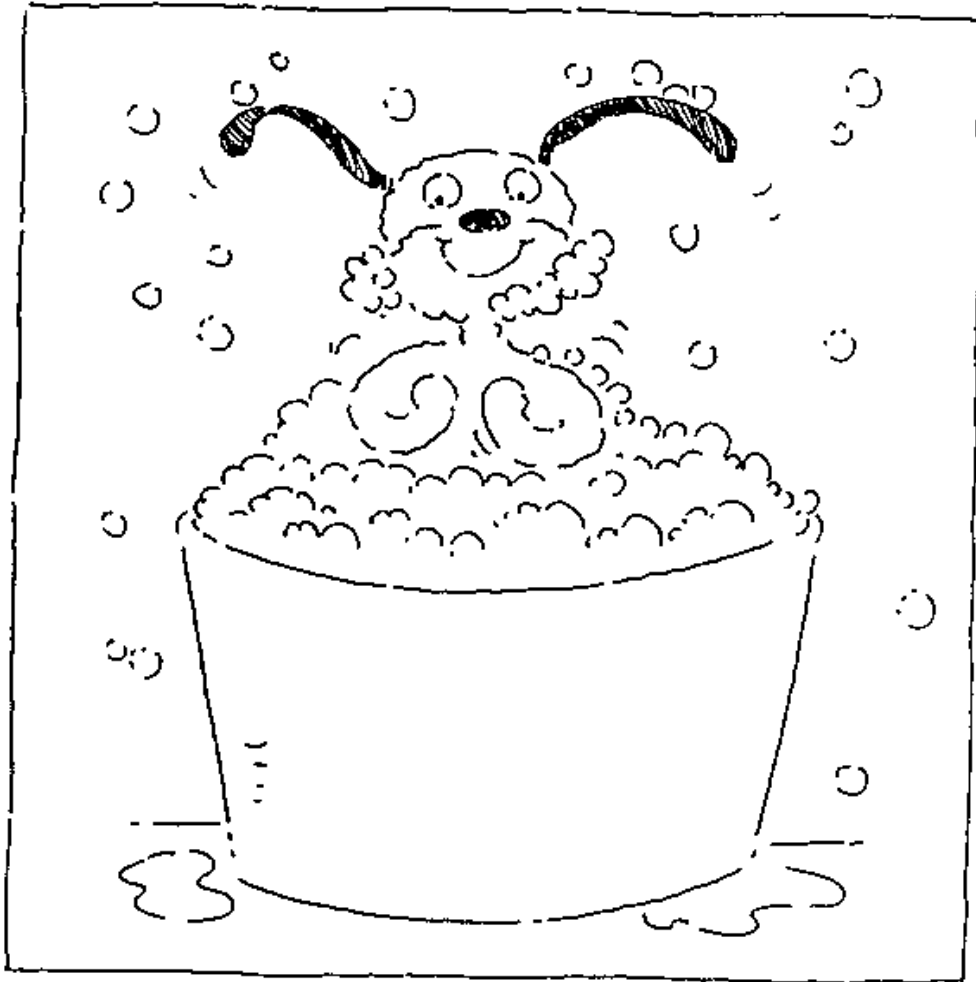
Then they listen to my heart. I listen to my dog's heart. I can hear it!



Now I get my picture taken. This way the doctor gets to see what my insides look like!



Here is my doctor. I like my doctor.



The night before I go to the hospital, I take a good bath.



**I can't eat or drink anything the morning of
my operation.**



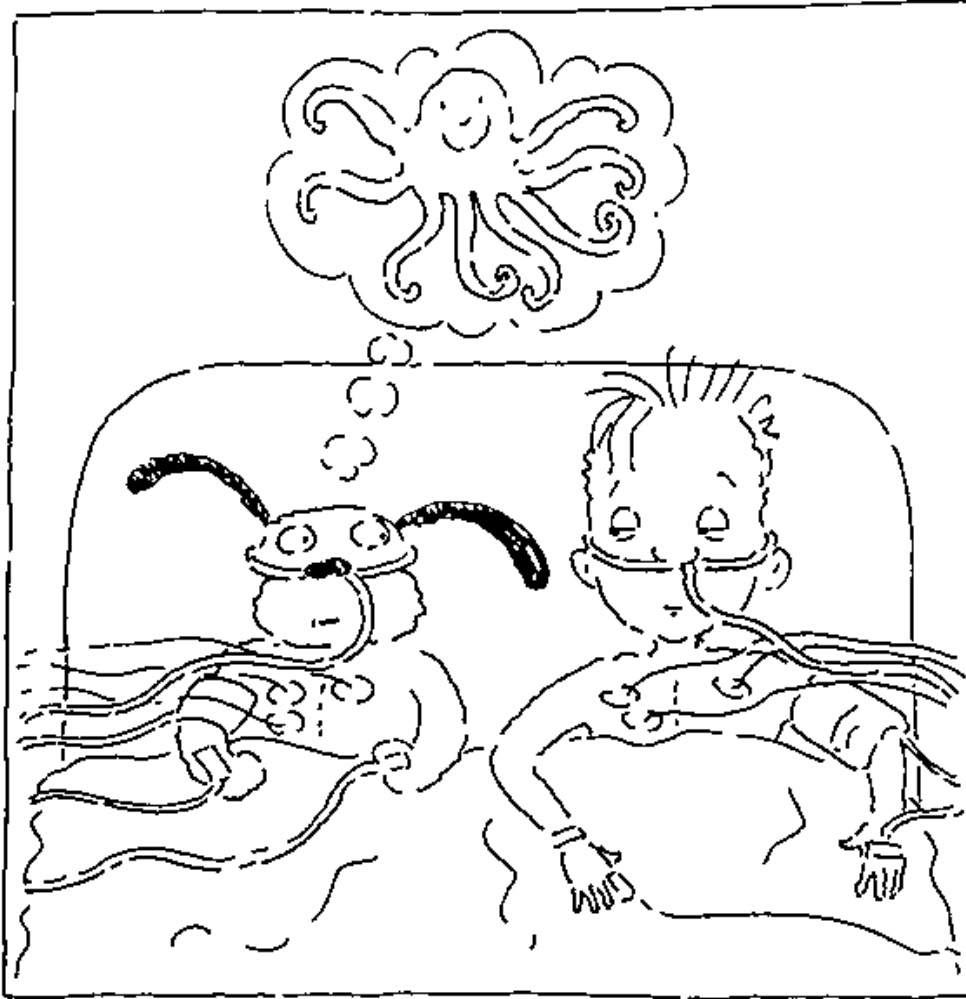
**They make you wear funny pajamas at the hospital. Color
my pajamas for me!**



Here is the nurse who will take care of me in the operating room. I feel very safe.



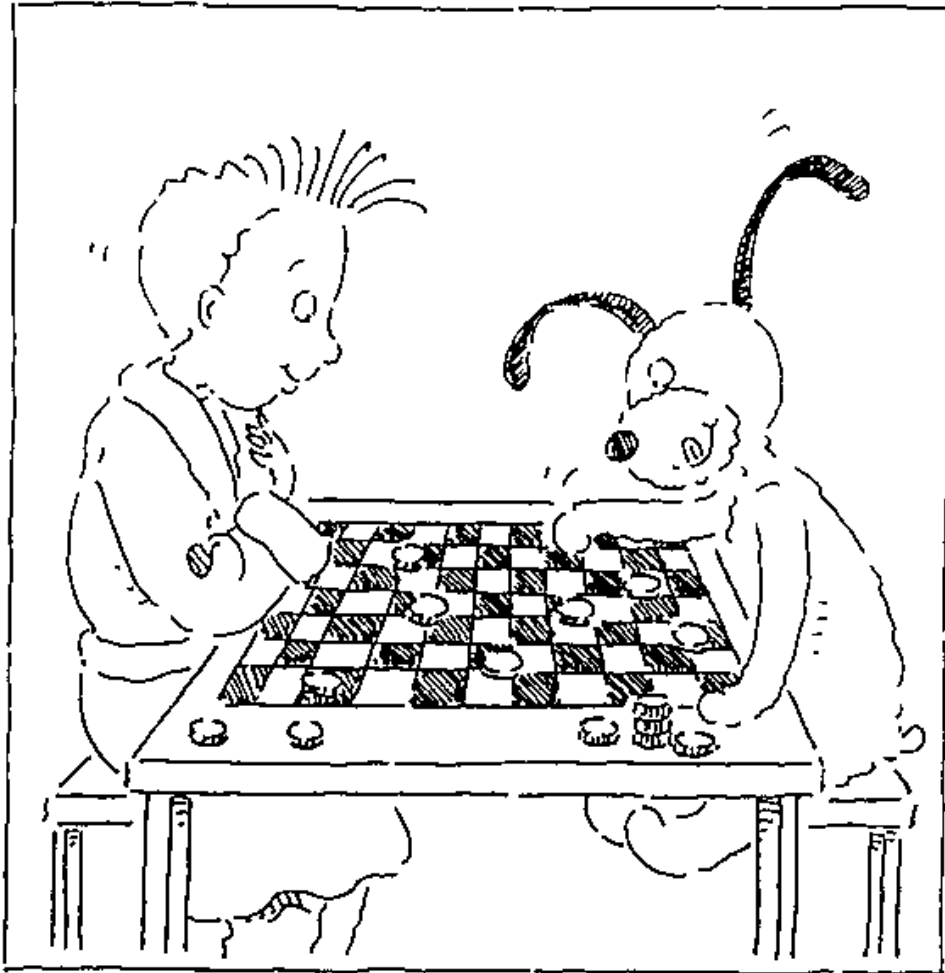
**The doctor gives me sleepy medicine so I sleep
through the whole operation. Good for me!**



**When I wake up I have some funny tubes inside of me.
I'm glad they go away soon.**



**Now that I'm getting better, I can start to walk.
Walking is very good for me!**



I love going to the playroom. It is so much fun! I get to eat popsicles, too!



And look at my scar! Aren't I SO brave.



**Yippee! I get to go home.
Thanks everybody!**

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Pub.10/00
(ms)

PE320