

Mental Wellness Fair

Thursday, May 3
11:30 a.m. to 1 p.m.

Seattle Children's Hospital
4800 Sand Point Way NE
Ocean Cafeteria (Level 7)



Seattle Children's and Chad's Legacy Project invite you to our annual Mental Wellness Fair to tackle the stigma of mental health and learn about the importance of mental wellness. Join us for live music, art, free resources, light refreshments and activities for all ages.

Meet experts and get information on a variety of topics from organizations including:

- Center for Children with Special Needs
- Children's Crisis Outreach Response System (CCORS)
- Community for Youth
- Core Power Yoga
- Guided Pathways
- Head Start
- NAMI
- Seattle Counseling (LGBT)
- YouthCare

Can't attend? Share your commitment to #MentalWellness on

 facebook.com/seattlechildrens  twitter.com/seattlechildren  instagram.com/seattlechildrens