



Directory

Diagnosis	Page
Asthma, Recurrent Cough or Wheeze	2
Bronchopulmonary Dysplasia, Chronic Lung Disease	2
Cystic Fibrosis.....	3
Sleep Disorders.....	3



<p>Diagnosis/symptom Asthma, Recurrent Cough or Wheeze</p>	<p>Referring provider's initial evaluation and management can include:</p> <ul style="list-style-type: none"> • Chest radiograph 	<p>Initiate referral when:</p> <ul style="list-style-type: none"> • Has been hospitalized, intubated/ICU admission, frequent ER visits • Frequent need for oral steroid bursts • Less than 2 years old • Unresponsive to usual therapy with increasing medication use • Complicating conditions such as rhinitis, sinusitis, GE-reflux, pneumonia • Abnormal spirometry or needs frequent monitoring with spirometry • History of chronic lung disease, prematurity, S/P RSV 	<p>What can referring provider send?</p> <ul style="list-style-type: none"> • Previous clinic notes, respiratory history since birth • All lab results pertaining to the problem. • All chest radiographs 	<p>Children's workup will likely include:</p> <ul style="list-style-type: none"> • Spirometry (pulmonary function testing) in patients over 5 years old • Exhaled nitric oxide testing • In children under 12 months old will consider a video fluoroscopic swallow study
<p>Bronchopulmonary Dysplasia, Chronic Lung Disease</p>	<ul style="list-style-type: none"> • Chest radiograph • Oxygen saturations 	<ul style="list-style-type: none"> • Unstable respiratory status or is slow to improve • Supplemental oxygen requirement • Difficulty growing or feeding problems/G-tube feedings • Rehospitalization after discharge • Inability to wean medications and/or oxygen 	<ul style="list-style-type: none"> • SaO2 values, echocardiograms, growth charts, all lab results obtained after discharge from hospital • Chest radiographs • Current treatments • Current supplemental oxygen requirement 	<ul style="list-style-type: none"> • Serum electrolytes • Capillary blood gas • Echocardiogram • Chest radiograph

Clinic phone: 206-987-2174. To request a consult or referral, please call the Clinical Intake Nurses at 206-987-2080 or toll free at 866-987-2080. You may fax a New Appointment Request Form to 206-985-3121 or toll free at 866-985-3121. To speak with a Seattle Children's physician for an urgent phone consultation, call the Physician Operator at 206-987-7777 or toll free at 877-985-4637.



<p>Diagnosis/symptom Cystic Fibrosis</p>	<p>Referring provider's initial evaluation and management can include:</p> <ul style="list-style-type: none"> • Sweat chloride, ideally obtained at a CF Center accredited laboratory • Genotyping • Chest radiographs 	<p>Initiate referral when:</p> <ul style="list-style-type: none"> • Sweat chloride is positive • Positive newborn screening 	<p>What can referring provider send?</p> <ul style="list-style-type: none"> • Sweat chloride test results • DNA analysis results • Chest radiographs 	<p>Children's workup will likely include:</p> <ul style="list-style-type: none"> • Repeat sweat chloride test, if indicated • DNA analysis if not already done • Other blood work (vitamin levels) • Sputum culture/throat culture
<p>Sleep Disorders</p>	<ul style="list-style-type: none"> • Electrolytes • History of restless sleep and obstructive sleep apnea pauses 	<p>Any symptoms of sleep difficulties:</p> <ul style="list-style-type: none"> • sleep disordered breathing • snoring • daytime somnolence • growth delay • enuresis 	<ul style="list-style-type: none"> • Pertinent history and physical, including growth charts • Recent lab results • Prior ENT evaluations or other sleep evaluations/sleep studies 	<ul style="list-style-type: none"> • Polysomnogram • ENT evaluation, if indicated • Echocardiogram (to assess for pulmonary hypertension) • Capillary blood gas, serum electrolytes • Ferritin • Iron studies • Thyroid function studies

> Tips for an effective visit:

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Our providers appreciate having the information ahead of time; alternatively, it can be hand carried by the family.
- Provide relevant clinical notes.

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