

# Communities Putting Prevention to Work (CPPW) *Everyone Swims!*

*Everyone Swims!* is a partnership to increase access to swimming and water recreation among culturally diverse and low income families in Seattle and King County, WA.

Want to learn more about swimming and water recreation in Seattle and King County? Jump in! Visit: [www.seattlechildrens.org/dp](http://www.seattlechildrens.org/dp)



## Swimming and Water Recreation

- There are many places that families can enjoy swimming and water recreation in King County.
- Knowing how to swim is a skill that can help keep you safe.
- Swimming is fun and a great way to get exercise.
- Water recreation, like rowing, canoeing and kayaking, is also a great way to get exercise. Programs may require knowing how to swim.

## The *Everyone Swims!* Initiative

Everyone Swims is a partnership to increase access to swimming and water recreation among culturally diverse and low income families in Seattle and King County, Washington. Over twenty different pools, water recreation organizations and community health clinics are working on developing policy and system changes related to (1) swimming scholarships, (2) swim ability screening, (3) referral to swimming and water recreation programs, and (4) special swim programs for children and families with unique needs.

## *Everyone Swims!* Partners

Project partners include: Seattle Children's Hospital, YMCA, Seattle Parks and Recreation, Covington Aquatic Center, Evergreen Pool, Mt Rainier Pool, Kent Meridian Pool, George Pocock Rowing Foundation, Orca Swim School, Issaquah Pool, Odessa Brown Children's Clinic, Columbia Health Center, ICHS, NeighborCare Health, Roxbury Clinic, Sea Mar, HealthPoint, and Harborview Children's Clinic. Made possible by funding from the Department of Health and Human Services and Public Health Seattle & King County.

## Working to Build a Healthier King County

The goal of Communities Putting Prevention to Work (CPPW) is to advance policy, system and environment changes to create neighborhoods that foster health and reduce disease.

