

BARIGA KING COUNTY

# Dhabbaasha iyo Madaddaalada Biyaha Bariga King County

## Qof Kastaa Dabbaasha!

Ujeeddada Qof Kastaa Dabbaasha (Everyone Swims) waa sidii loo kordhin lahaa marinka loogu helo dabbaalashada iyo madaddaalada biyaha ee ka jira Seattle iyo King County, Washington. Qof Kastaa Dabbaasha waa isbahaysi ay suurtagalisay bixinta kharashkeeda laga helay Waaxda Caafimaadka iyo Adeegyada Dadka iyo Caafimaad Dadweynaha - Deegaanka Seattle & King County.



Dabbaashu waa wax xiise badan oo ah hab aad ugu wanaagsan in jimicsiga lagu qaato. Aqoonta sida loo dabbaasho ayaa ah xirfad kaa caawin karta inaad badbaaddo. Waxa jira meelo badan oo loogu talagalay carruurta, dhallinta dhowr iyo toban jirka ah, qoysaska iyo dadka qaan-gaarka ah inay jecleystaan ku dabbaashaan gudaha Seattle iyo King County. Waxa kale oo meelo aad ku seebeyn karto, badmar ku samayn karto, ama huuri ama kayak ku kaxaysan karto. Dadka ka shaqeeeya goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha ayaa raba inay kaa caawiyaan sidii aad u heli lahayd siyaabaha aad si badbaado leh aad ugu raaxaysan lahayd bixiyaha.

Haddii aad ugu baahato caawimo ka bixinta casharrada dabbaasha, weydiiso deeqaha waxbarashadooda. Buulal badan ayaa waliba leh wakhtiyo ama fasallo gaar ah oo leh qiime ka jaban kuwa kale. Markay xagaaga tahay, xeebo badan oo leh waardiyaasha badbaadada qofka ayaa laga bixiyaa xasharrada dabbaasha oo lacag la'aan ah. Xeebaha qaarkood ayay joogaan waardiyaasha badbaadada qofka laga bilaabo Juun illaa Sebtember. Kala xiriir xeebta deegaankaaga ku taal waxa ku saabsan jadwalka iyo saacadaha waardiyaasha badbaadada qofku joogaan goobta. Xaashidan ayaa adigaa kaa caawin karta sidii aad uga heli lahayd buul, barnaamij dooni kaxays ama xeeb agagaaraha beeshaada ku taal.

(Dhinca Kale)

Ma rabtaa inaad wax dheeraad ah uga barato arrimaha ku saabsan dabbaasha iyo badbaadada biyaha? Booqo:  
[www.seattlechildrens.org/dp](http://www.seattlechildrens.org/dp)

**Goobaha lagu dabbaasho (buulalka), barnaamijyada dooni kaxaysiga iyo xeebaha nolasha qofka lagu waardiyo ee ku yaal Bariga King County**

### Bellevue

#### **Bellevue Aquatic Center**

601 143rd Ave. NE  
Bellevue, WA 98007  
425-452-4444  
[http://bellevuewa.gov/aquatic\\_center.htm](http://bellevuewa.gov/aquatic_center.htm)

#### **Cascade Canoe and Kayak Center**

Enatai Beach Boathouse  
3519 108th Ave. SE  
Bellevue, WA 98004  
425-430-0111  
[www.canoe-kayak.com](http://www.canoe-kayak.com)

#### **Chesterfield Beach**

2501 100th Ave. SE  
Bellevue, WA 98004  
425-452-6914  
[www.bellevuewa.gov/chesterfield\\_beach\\_park.htm](http://www.bellevuewa.gov/chesterfield_beach_park.htm)

#### **Chism Beach Park**

9600 SE 11th St.  
Bellevue, WA 98004  
425-452-6914  
[www.bellevuewa.gov/chism\\_beach.htm](http://www.bellevuewa.gov/chism_beach.htm)

#### **Clyde Beach**

2 92nd Ave. NE  
Bellevue, WA 98004  
425-455-6885  
[www.bellevuewa.gov/clyde\\_beach.htm](http://www.bellevuewa.gov/clyde_beach.htm)

#### **Enatai Beach**

3519 108th Ave. SE  
Bellevue, WA 98004  
425-452-6914  
[www.bellevuewa.gov/enatai\\_beach.htm](http://www.bellevuewa.gov/enatai_beach.htm)

#### **Meydenbauer Beach**

419 98th Ave. NE  
Bellevue, WA 98004  
425-452-6914  
[www.bellevuewa.gov/meydenbauer\\_beach.htm](http://www.bellevuewa.gov/meydenbauer_beach.htm)

#### **Newcastle Beach**

4400 Lake Washington Blvd. SE  
Bellevue, WA 98006  
425-452-6914  
[www.bellevuewa.gov/newcastle\\_beach.htm](http://www.bellevuewa.gov/newcastle_beach.htm)

#### **Orca Swim School - Bellevue Program**

601 143rd Ave. NE  
Bellevue, WA 98007  
425-793-9870  
[www.orcaswimschool.com](http://www.orcaswimschool.com)

#### **YMCA - Bellevue\***

14230 Bel-Red Rd.  
Bellevue, WA 98007  
425-746-9900  
[www.seattleyymca.org](http://www.seattleyymca.org)

### Bothell

#### **YMCA - Northshore\***

11811 NE 195th St.  
Bothell, WA 98011  
425-485-9797  
[www.seattleyymca.org](http://www.seattleyymca.org)

### Issaquah

#### **City of Issaquah Julius Boehm Pool**

50 SE Clark St.  
Issaquah, WA 98027  
425-837-3350  
[www.ci.issaquah.wa.us/Page.asp?NavID=2324](http://www.ci.issaquah.wa.us/Page.asp?NavID=2324)

#### **YMCA - Sammamish\***

4221 228th SE, Ste. C  
Issaquah, WA 98029  
425-391-4840  
[www.seattleyymca.org](http://www.seattleyymca.org)

### Kirkland

#### **Juanita Aquatic Center**

10601 NE 132nd St.  
Kirkland, WA 98034  
425-936-1627  
[www.juanitaaquatics.com](http://www.juanitaaquatics.com)

#### **Peter Kirk Outdoor Pool**

340 Kirkland Ave.  
Kirkland, WA 98033  
425-587-3330  
[www.ci.kirkland.wa.us/depart/parks/Aquatics/Peter\\_Kirk\\_Pool.htm](http://www.ci.kirkland.wa.us/depart/parks/Aquatics/Peter_Kirk_Pool.htm)

#### **Houghton Beach Park**

5811 Lake Washington Blvd.  
Kirkland, WA 98033  
425-587-3300  
[www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=151](http://www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=151)

#### **Waverly Beach**

633 Waverly Park Wy.  
Kirkland, WA 98033  
425-587-3300  
[www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=175](http://www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=175)

### Medina

#### **Medina Beach Park**

501 Evergreen Point Rd.  
Medina, WA 98004  
425-233-6400  
[www.medina-wa.gov/index.asp?Type=B\\_BASIC&SEC=%7B0AE94F0F-C7F2-4811-9114-9089CDCC66FC%7D](http://www.medina-wa.gov/index.asp?Type=B_BASIC&SEC=%7B0AE94F0F-C7F2-4811-9114-9089CDCC66FC%7D)

### Mercer Island

#### **Luther Burbank Park**

2040 84th Ave. SE  
Mercer Island, WA 98040  
206-236-3545  
[www.mercergov.org/page.asp?navid=1138](http://www.mercergov.org/page.asp?navid=1138)

### Newcastle

#### **YMCA - Newcastle\***

13750 Newcastle Golf Club Rd.  
Newcastle, WA 98059  
425-282-1500  
[www.coalcreekymca.org](http://www.coalcreekymca.org)

#### **North Bend**

Si View Pool  
400 SE Orchard Dr.  
North Bend, WA 98045  
425-831-1900  
[www.siviewpark.org/aquatics\\_cal.html](http://www.siviewpark.org/aquatics_cal.html)

### Redmond

#### **Redmond Aquatic Center**

17535 NE 104th St.  
Redmond, WA 98052  
425-883-4422  
[www.redmondaquatics.org](http://www.redmondaquatics.org)

#### **Idylwood Beach Park**

3650 W Lake Sammamish Pkwy. NE  
Redmond, WA  
*No phone number listed*  
[www.redmond.gov/cms/one.aspx?portalId=169&pageId=4105](http://www.redmond.gov/cms/one.aspx?portalId=169&pageId=4105)

#### **Sammamish**

Pine Lake  
2401 228th Ave. SE  
Sammamish, WA 98075  
425-295-0730  
[www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=112](http://www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=112)

#### **Woodinville**

Cottage Lake Park and Outdoor Pool  
Run by YMCA - Northshore  
18831 N.E. Woodinville-Duvall Rd.  
Woodinville, WA 98077  
206-425-9797  
[www.kingcounty.gov/recreation/parks/inventory/cottagelake.aspx](http://www.kingcounty.gov/recreation/parks/inventory/cottagelake.aspx)

*\* YMCA waa urur xubin ka noqosho oo u furan dadka oo idil*

**Dabbaashu waa wax xiise badan oo ah hab aad ugu wanaagsan in jimicsiga lagu qaato. Aqoonta sida loo dabbaasho ayaa ah xirfad kaa caawin karta inaad badbaaddo.**