

SPONSORED BY SEATTLE CHILDREN'S OUTREACH EDUCATION, THE DIVISION OF DEVELOPMENTAL MEDICINE AND THE SEATTLE CHILDREN'S CENTER FOR CHILDREN WITH SPECIAL NEEDS

## 39th Annual Duncan Seminar

# Spina Bifida Promoting Wellness and Preventing Pitfalls



Friday, April 20, 2018

7:15 AM - 4:30 PM

Wright Auditorium

Seattle Children's Hospital

4800 Sand Point Way NE, Seattle, WA 98105

At this one-day conference, participants will gain an understanding on important aspects of optimizing child development, and family health outcomes for children with spina bifida.

### Course Objectives

At the completion of this seminar, participants will be able to:

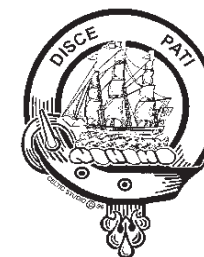
- Gain understanding of what families and individuals with spina bifida experience related to their disability in medical, educational, home and community settings.
- Know the etiology, epidemiology and lifespan impact of neural tube defects on children and their families.
- Gain understanding of developmentally oriented programs to enhance adjustment, family relationships, self-management and transitions for kids with spina bifida.
- Understand physical therapy role and strategies for improving function and mobility in children with spina bifida, including equipment and bracing modalities.
- Describe the unique learning needs of children with spina bifida from a neurobiological approach and provide strategies to support their special early learning needs.
- Understand and manage common nutrition and feeding issues in children with spina bifida.

### Who Will Benefit Most from Attending This Event

Physicians, nurses, SLPs, OTs, PTs, nutritionists, educators, parents, social workers and other healthcare professionals caring for children with neurodevelopmental disabilities and their families.

### Directions, Parking, Accessibility

- Directions and parking information can be accessed at the Seattle Children's webpage.
- To request special dietary or other accessibility accommodations, contact Lynna Song at 206-987-5318, Outreach Education at 206-987-3200 or email [outreacheducation@seattlechildrens.org](mailto:outreacheducation@seattlechildrens.org).



### About the Duncan Seminar

The **Duncan Seminar** is an annual interdisciplinary conference focused on the care of persons with physical disabilities. It recognizes the major contributions of Dr. William Duncan, orthopedic surgeon, to comprehensive interdisciplinary approaches to cerebral palsy in the Pacific Northwest.

The **Duncan Award** is presented to one or more individuals whose career exemplifies Dr. Duncan's dedication and innovation on behalf of children with disabilities.

Dr. Duncan's family and friends established the **Duncan Gift Fund** in his honor to provide funds for an honorarium for the Duncan Award winner and to support the Duncan Seminar. Additional donations are welcome and should be specifically labeled for the "Duncan Seminar Gift Fund" and sent to Seattle Children's Foundation, P.O. Box 5371/MS S-200, Seattle, WA 98145-5005.

This program was partially supported by the Washington State Department of Health Children with Special Health Care Needs Program, the Center on Human Development and Disability, University of Washington, and the Leadership Education in Neurodevelopmental Disabilities (LEND) training program, funded by the Health Resources and Services Administration, Maternal and Child Health Bureau through grant # T73MC00041.

## Course Schedule Friday, April 20, 2018 | 7:45 AM – 4:30 PM | Seattle Children’s Hospital, Wright Auditorium

7:15 AM Registration/Continental Breakfast (provided)

7:45 AM **Welcome and Opening Remarks**  
Jeff Sperring, MD, CEO

8:00 AM **Family Panel: Patient and Family Perspectives on Living Life with Spina Bifida**  
*Facilitator:* Timothy John Brei, MD, FAAP

9:00 AM **Days 18-28: Ten Days that Change Everything for Everybody**  
William O. Walker, Jr., MD

10:00 AM Break, Resource Room and Poster Browsing

10:15 AM **Keynote Speaker: Psychosocial and Family Functioning in Youth and Young Adults with Spina Bifida: What Have We Learned So Far?**  
Grayson N. Holmbeck, PhD

11:30 AM **2018 DUNCAN AWARD PRESENTATION**  
*Recipient:* **Cathy Graubert, PT, Ambulatory Rehabilitation Manager**

12:00 PM Lunch (provided)

12:45 PM **Physical Therapy and the Management of Children and Individuals with Spina Bifida (MM)**  
Solveig Hart, PT, MSPT, PCS

1:45 PM **Fostering Academic Success: Identifying and Addressing the Learning Needs of Children with Spina Bifida**  
Kate Bowen, PhD; Emily Myers, MD; Hillary Shurtleff, PhD, ABPP

2:45 PM Break, Resource Room and Poster Browsing

3:00 PM **Promoting Optimal Feeding and Nutrition in Children with Feeding Difficulties and Spina Bifida**  
Kim Nowak-Cooperman, MS, RDN; Peggy Smith, OTR/L, BS

4:00 PM **From Clinical Knowledge to Practical Application: Q&A with the Experts**  
Lisa Herzig, MD

4:30 PM Evaluation/Adjourn (15 minutes are included in CE hours)

## Faculty

**Kate Bowen**, PhD, Pediatric Clinical Neuropsychologist, Rehabilitation Psychology, Seattle Children’s

**Timothy John Brei**, MD, FAAP, Developmental Pediatrics, Seattle Children’s; Professor of Pediatrics, Division of Developmental Medicine, University of Washington, Seattle, WA

**Solveig Hart**, PT, MSPT, PCS, Physical Therapist, Physical Therapy, Seattle Children’s

**Lisa Herzig**, MD, Assistant Professor, Developmental Behavioral Pediatrics, Division of Developmental Medicine, Seattle Children’s and University of Washington, Seattle, WA

**Grayson N. Holmbeck**, PhD, Professor and Director of Clinical Training; Department of Psychology, Loyola University Chicago, Chicago, IL

**Emily Myers**, MD, Assistant Professor of Pediatrics, Developmental and Behavioral Pediatrician, Associate Developmental and Behavioral Fellowship Director, Seattle Children’s and University of Washington, Seattle, WA

**Kim Nowak-Cooperman**, MS, RDN, Clinical Dietitian, Nutrition Services, Seattle Children’s

**Hillary Shurtleff**, PhD, ABPP, Neuropsychologist, Board Certified in Clinical Neuropsychology, Board Certified Subspecialist in Pediatric Clinical Neuropsychology, Seattle Children’s; Clinical Associate Professor, Department of Neurology, University of Washington School of Medicine, Seattle, WA

**Margaret “Peggy” Smith**, OTR/L, BS, Registered Occupational Therapist, Occupational Therapy, Seattle Children’s

**William O. Walker, Jr.**, MD, Chief, Division of Developmental Medicine, Seattle Children’s; Robert A. Aldrich Endowed Professor of Pediatrics, University of Washington School of Medicine, Seattle, WA

## Planning Committee

**Sarah Coburn**, RN, BSN, CPN, Division of Developmental Medicine, Seattle Children’s

**Lisa Herzig**, MD (see Faculty)

**Michelle Hoffman**, MLTCA, BA, Family Engagement Coordinator, Department of Health, Olympia, WA

**Kathleen Lehman**, PhD, Clinical Assistant Professor, Psychiatry and Behavioral Sciences, LEND, Center on Human Development and Disability, University of Washington, Seattle, WA

**Connie Leibow**, PT, MPT, PCS, Supervisor, Rehabilitation Therapies, Physical Therapist, Department of Physical Therapy, Seattle Children’s

**Jill McCormick**, Program Director, PAVE, Family to Family Health Information Center, Family Voices of Washington, Tacoma, WA

**John F. McLaughlin**, MD, Professor Emeritus, Department of Pediatrics, University of Washington and Seattle Children’s

**Jennifer Minhas**, BSN, RN, CNML, Nurse Manager, Outreach Education, Seattle Children’s

**Emily Myers**, MD (see Faculty)

**Kim Nowak-Cooperman**, MS, RDN (see Faculty)

**Lynna Song**, MPA, BA, Conference Coordinator, Outreach Education, Seattle Children’s

**Jacquie Stock**, MPH, Manager, Seattle Children’s Center for Children with Special Needs, External Affairs Department

**Sally N. Stuart**, PhD, LICSW, Co-LEND Director/LEND Training Director; Clinical Associate Professor, Department of Social Work, University of Washington, Seattle, WA

**Daniel Tolson**, MD, FAAP, LTC, MC, USA, Chief of Developmental and Behavioral Pediatrics and EFMP Medical Director, Madigan Army Medical Center, Tacoma, WA

**Doris “Kiko” Van Zandt**, BSN, RN, CRRN, Nurse Clinician, Rehabilitation/Neuromuscular Clinic, Seattle Children’s

## How to Register

Online: [seattlechildrens.org/outreach](http://seattlechildrens.org/outreach)

Or contact: Outreach Education  
Seattle Children’s  
PO Box 5371, M/S S-219  
Seattle, WA 98145-5005  
206-987-3200 (phone)  
206-987-5705 (fax)  
[outreacheducation@seattlechildrens.org](mailto:outreacheducation@seattlechildrens.org)

## Registration Fees

Received by April 6, 2018:	Single	Group Rate* (3 or more registering together)
MD, PhD .....	\$195.00 .....	\$180.00
Seattle Children’s Staff, MD, PhD .....	\$180.00 .....	\$165.00
RN, OT, PT, SLP, Other Professional .....	\$175.00 .....	\$160.00
Seattle Children’s, RN, OT, PT, Professionals .....	\$140.00 .....	\$130.00
<b>Received after April 6, 2018:</b>		
MD, PhD .....	\$210.00	
RN, OT, PT, SLP, Other Professional .....	\$190.00	
<b>Flat Rate:</b>		
Parent/Family Member/Student .....	\$70.00	

There will be a \$50 processing fee for cancellations received on or after April 7, 2018. Cancellations received prior to April 7, 2018 will be charged a \$10.00 administrative fee. We are unable to refund registration fees for cancellations received after April 17, 2018.

We accept VISA, MC, purchase orders, or personal checks, written to Seattle Children’s and mailed to Outreach Education (see address under “How to Register” section).

*\*Persons applying for group rates may register individually, but must identify the group they are associated with at time of registration.*

A limited number of scholarships for parents and family members are available on a first-come first-serve basis. Please contact Lynna Song at 206-987-5318 or Outreach Education at 206-987-3200 to apply. (*Application deadline is April 6, 2018.*)

## Accreditation

Physicians may claim Cat 2 CME for attending this event.

Washington State Clock Hours - Puget Sound Educational Service District .....6.75 hours

Provider approved by the California Board of Registered Nursing, Provider Number 16541 for 6.75 Contact Hours (pending).

For more information, call Lynna Song at 206-987-5318 or email [lynna.song@seattlechildrens.org](mailto:lynna.song@seattlechildrens.org). Or, call Outreach Education at 206-987-3200 or email [outreacheducation@seattlechildrens.org](mailto:outreacheducation@seattlechildrens.org).