



## Direct Admit Information for Parents

Your doctor has arranged for your child to go directly to Children's Hospital and Regional Medical Center at 4800 Sand Point Way NE in Seattle. A room has been arranged for your child in advance. Please bring this form with you.

**Here's what you need to know:** (This should have been completed by your doctor)

- Arrive at the hospital between: \_\_\_\_\_ and \_\_\_\_\_
- Your medical team is:  1       2       3
- Your Children's doctor is: Dr. \_\_\_\_\_
- OK for your child to eat and drink       Not OK for your child to eat and drink
- There is room for at least one parent or legal guardian to stay overnight. Siblings may not stay overnight.

## Directions to Children's

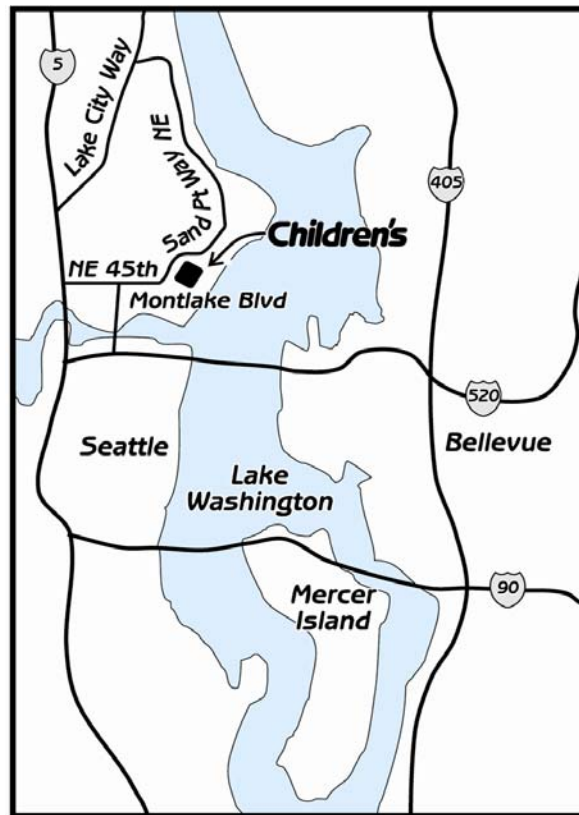
Driving directions are on the back of this sheet. You can also listen to recorded driving directions in English or Spanish by calling (206) 987-2226.

## When you arrive at the hospital:

- Follow the signs and park in the Giraffe parking garage. It is the first left as you go up the main hospital drive. Or have your driver drop you off at the main hospital entrance (Giraffe)
- Come in to the hospital through the Giraffe entrance. It is a short walk from the garage.
- Check in with the greeter at the front desk. Tell the greeter you are a "direct admit" and you will be escorted to your room. Your care team will be waiting for you on the unit.
- If you arrive after 8 p.m., come in through the Emergency entrance and check in with the receptionist. If you are driving, ask for a security guard to park your car for you.

If you are have trouble arriving at Children's within the planned time frame, please contact us at (206) 987-2212

## Directions to Children's Hospital and Regional Medical Center



**From the North:** Take I-5 South to exit #169, NE 45th Street. Turn left (east) at the stoplight onto NE 45th Street. Go 1.5 miles, passing the University of Washington. At the bottom of the hill, turn left at the stoplight and continue on NE 45th Street. NE 45th Street will bear left, becoming Sand Point Way NE. Turn right at the stoplight onto Children's campus.

**From the South:** Take I-5 North to exit #169, NE 45th Street. Stay in the right lane. Turn right at the stoplight onto NE 45th Street. Go 1.5 miles, passing the University of Washington. At the bottom of the hill, turn left at the stoplight and continue on NE 45th Street. NE 45th Street will bear left, becoming Sand Point Way NE. Turn right at the stoplight onto Children's campus.

**From the Eastside (Hwy 520):** Take 520 west over the Evergreen Point Bridge. Take the Montlake Exit (north) for 1.1 miles. Bear right onto 45th Street, which becomes Sand Point Way NE. Turn right at the stoplight onto Children's campus.

**From the Eastside (I-90):** Take I-90 across the Mercer Island Floating Bridge to I-5 North. Take I-5 North to exit #169, NE 45th Street. Stay in the right lane. Turn right at the stoplight onto NE 45th Street. Go 1.5 miles, passing the University of Washington. At the bottom of the hill, turn left at the stoplight and continue on NE 45th Street. NE 45th Street will bear left, becoming Sand Point Way NE. Turn right at the stoplight onto Children's campus.