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## Diagnosis/symptom

**Headaches: migraine, recurrent or chronic**

8-21 years

## When to initiate referral:

- After Neurology consultation or
- After normal brain imaging studies have been documented

## What can referring provider send?

- All previous reports/evaluations/studies for this issue
- Results/reports from other relevant specialty consultants including but not limited to Neurology
- List of current interventions, medications, supplements, herbs, complementary integrative modalities and any recent progress notes

## Children's workup will likely include:

- Comprehensive evaluation including screening for anxiety, depression and self efficacy

### > **Tips for an effective visit:**

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Provide relevant clinical notes.
- Our providers appreciate having the information ahead of time; alternatively, it can be hand carried by the family.



## Diagnosis/symptom

### Raynaud's disease

8-21 years

## When to initiate referral:

- After Rheumatology consultation

## What can referring provider send?

- All previous reports/evaluations/studies for this issue
- Results/reports from other relevant specialty consultants including but not limited to Rheumatology
- List of current medications, supplements, herbs, complementary integrative modalities and any recent progress notes

## Children's workup will likely include:

- Comprehensive evaluation including screening for anxiety, depression and self efficacy

### > Tips for an effective visit:

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Provide relevant clinical notes.
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**Diagnosis/symptom**

**Recurrent vomiting or rumination**

8-21 years

**When to initiate referral:**

- After Gastroenterology consultation

**What can referring provider send?**

- All previous reports/evaluations/studies for this issue
- Results/reports from other relevant specialty consultants including but not limited to Gastroenterology
- List of current intervention, medications, supplements, herbs, complementary integrative modalities and any recent progress notes

**Children's workup will likely include:**

- Comprehensive evaluation including screening for anxiety, depression and self efficacy

**> Tips for an effective visit:**

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Provide relevant clinical notes.
- Our providers appreciate having the information ahead of time; alternatively, it can be hand carried by the family.



<p><b>Diagnosis/symptom</b></p> <p><b>Recurrent or chronic abdominal pain</b></p> <p>8-21 years</p>	<p><b>When to initiate referral:</b></p> <ul style="list-style-type: none"> <li>• After Gastroenterology consultation</li> </ul>	<p><b>What can referring provider send?</b></p> <ul style="list-style-type: none"> <li>• All previous reports/evaluations/studies for this issue</li> <li>• Results/reports from other relevant specialty consultants including but not limited to Gastroenterology</li> <li>• List of current medications, supplements, herbs, complementary integrative modalities and any recent progress notes.</li> </ul>	<p><b>Children's workup will likely include:</b></p> <ul style="list-style-type: none"> <li>• Comprehensive evaluation including screening for anxiety, depression and self efficacy</li> </ul>
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**> Tips for an effective visit:**

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Provide relevant clinical notes.
- Our providers appreciate having the information ahead of time; alternatively, it can be hand carried by the family.

***Clinic phone: 206-987-2028 x4. To request a consult or referral, please call the Clinical Intake Nurses at 206-987-2080 or toll free at 866-987-2080. You may fax a New Appointment Request Form to 206-985-3121 or toll free at 866-985-3121. To speak with a Seattle Children's physician for an urgent phone consultation, call the Physician Operator at 206-987-7777 or toll free at 877-985-4637.***

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