Back Pain in Young Athletes

Saturday, November 15, 2014

Back dysfunction in the pediatric and adolescent patient represents a large part of pediatric orthopedic physical therapy practice. The pediatric population presents with different mechanisms of injury, pathophysiology, and paths to recovery than the adult population. Understanding differential diagnosis and utilizing evaluation specific to this population is key to developing a safe and effective treatment plan to return the patient to their prior level of function and participation. This one-day course was developed to provide the clinician with a deeper understanding of diagnosis and treatment issues specific to children with back pain and related spine dysfunction.

Registration Information

Pre-Register

All attendees must pre-register by November 11, 2014. Space is limited and registrations will be accepted in the order received.

Pricing

The course fee includes continental breakfast, lunch, digital course booklet, and parking.

- General registration received by October 1, 2014 - $130
- General registration received after October 1, 2014 - $175

Cancellation Fees and Refund Policy

Cancellations received by October 31, 2014 will be issued a full refund minus an administration fee of $25.00. No refunds will be issued after October 31, 2014.

Venue

Wright Auditorium
Seattle Children’s Hospital
4800 Sand Point Way NE
Seattle, WA 98105

Parking information will be provided after registration. Directions to Seattle Children’s Hospital can be found here.

Contact

For questions about registration, please contact Richard Ford.
Schedule

November 15, 2014, 7:45 A.M. - 4:45 P.M.

7:45 a.m. - Welcome and Course Introduction
Summer Ice-Tseng, DPT
Steve McKenzie, MSPT

8:00 a.m. - Orthopedic Clinical Review of the Spine
Monique Burton, MD

9:15 a.m. - Spondylolysis in the Young Athlete
Walter Krengel, MD

10:45 a.m. - Break

11:00 a.m. - Differential Diagnosis of Complex and Chronic Back Pain
Cora Breuner, MD, MPH

12:15 p.m. - Lunch (provided)

1:00 p.m. - Physical Therapy Examination of the Pediatric Spine
David Piskulic, DPT, SCS, ATC/L
Megan Miller, DPT, SCS

1:45 p.m. - The Role of Physical Therapy in Treatment of Acute vs Chronic Spondylolysis
Whitney Marois, MSPT, OCS

2:35 p.m. - Break

2:50 p.m. - The Role of Physical Therapy in Treatment of Chronic Back Pain
Ellie Somers, DPT
Janet Morton, PT

3:35 p.m. - Conservative Approaches to Scoliosis Management: An Evidence Based Update
Lisa Flexner, DPT, DMT, CSCS, FAAOMPT
Shannon Stone Cribby, DPT

4:15 p.m. - Q&A, Closing Statements