PERSON CENTERED PLANNING
WHAT IS IT?
TRADITIONAL PLANNING vs. PERSON CENTERED

• THE SYSTEM
• DISABILITIES
• REPORTS AND ASSESSMENTS
• WHAT’S AVAILABLE
• STANDARDIZED
• “EXPERTS”

• THE PERSON
• ABILITIES
• GIFTS AND STRENGTHS
• WHAT’S POSSIBLE
• INDIVIDUALIZED
• FRIENDS, FAMILY AND NEIGHBORS
VALUES

• SELF ADVOCACY
• EVERYONE SHOULD BE INCLUDED IN THE COMMUNITY
• EVERYONE HAS GIFTS
• EVERYONE HAS CAPACITY
• EVERYONE HAS POTENTIAL
• EVERYONE CAN CONTRIBUTE
PERSON CENTERED THINKING, PERSON CENTERED SERVICES AND PERSON CENTERED PLAN?
WHY SHOULD I HAVE ONE?

DISCOVERY
Meeting of the minds
Support
Thinking outside the box
I need direction!

INSTEAD OF THINKING OUTSIDE THE BOX, GET RID OF THE BOX.
– Deepak Chopra
WHEN CAN IT BE USED?

Times of transition
When new people are entering life
When you have new goals
When you don’t know what you want
ANYTIME!
ARE THERE DIFFERENT KINDS OF APPROACHES?

MAPS: Making Action Plans
PATH: Planning Alternative Tomorrows with Hope
Personal Futures Planning
Circle of Friends
One Page Profiles
Life Trajectory
The Fifth Circle
All About Me
WHO SHOULD BE INVOLVED?

Family
Friends
Peers
Co-workers
Neighbors
Professionals
THE ROLE OF THE FACILITATOR

Plans the process
Guides the Group through the process
Makes sure all voices are heard
Creates a positive atmosphere
Follows up
PROCESS

Who is the Person?
What is their history?
Identifies strengths, gifts and abilities
Identifies challenges and Concerns
Identifies the persons desires
Identifies Community/Natural Supports
Identifies Resources: Natural and Paid
Identifies Supports needed
Identifies Goals: What do I want?
Identifies Next Steps: Who, what, when and where?
Puts the Plan into ACTION!
A PLAN NEEDS FEET!
A PLAN NEEDS OWNERSHIP
HOW CAN I GET A FACILITATED PLAN?

- Individual and Family Services Waiver
- Request Technical Assistance through DDA
- Trained teachers
- Friend exchange
JESSICA’S SUCCESS STORY
WHAT DO I WANT?
WHAT DON’T I WANT?
PASSION
CATHY MURAHASHI

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