Materials Needed:
masking tape, large waste can or bucket, 6 inflated balloons
Number of players: 4 or more

Directions:
Divide into two teams. In the playing area, place a large waste can at opposite ends of the room. These are the "goals." For teams of 4 or more, evenly divide each team into smaller "squads".

Each team is given six balloons. Each squad is to take one balloon and race to the other end and drop the balloon in the "goal", race back and get a second balloon and do the same. The first team whose squads complete this wins the game.

NOTE: balloons cannot be carried, only batted in the air, and if they touch the ground, they are taken back and started again. Second, the teams cannot defend their goal nor stop the other team's advance in any way. Players may bat the ball a total of four times before having to pass it to another player.