

When you arrive

Arrival and parking

- Plan to arrive at least 20 minutes early to register.
- Children's Dental Medicine is at 4575 Sand Point Way N.E., near Seattle Children's main campus.
- Park free in the lot behind Children's Dental Medicine.
- For bus or driving directions, visit: www.seattlechildrens.org.
- For recorded directions, call 206-987-2226, option 2.

Check-in and registration

- Check in at the Children's Dental Medicine reception desk.

Billing

Unlike private doctors' or health-care providers' offices, Children's clinics are departments of the hospital. You can expect to receive two bills for most procedures done at Children's clinics. One bill is from the health-care provider who does the procedure. The other bill is from the hospital, which bills for items such as supplies, equipment, support staff services and use of the hospital facility.

Clinic Visit Basics: Dental Medicine

**4575 Sand Point Way NE
Seattle, WA 98105**

Thank you for choosing Children's Dental Medicine. This handout provides important information about your child's upcoming clinic visit. We care about you and your child. If you have questions at any time about your child's visit, please let us know how we can help. Please note:

- **A legal guardian must come with your child to the clinic visit.**
- **If you cannot keep your appointment, call the clinic at 206-987-2243.**
- **If you are more than 20 minutes late for your child's clinic visit, we may have to reschedule. Please allow enough time for travel, parking and registration.**

What to bring

Paperwork

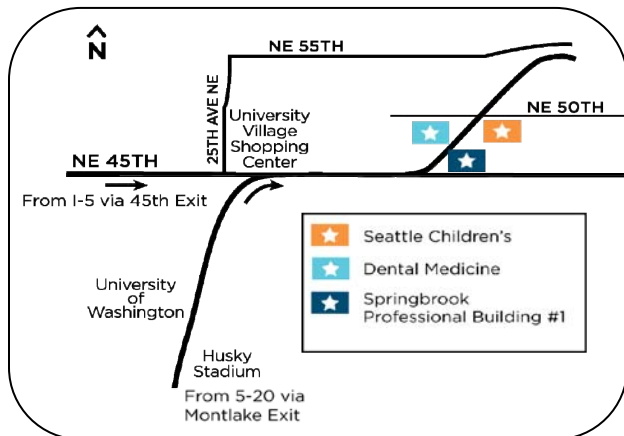
- Your *Appointment Reminder Notice*, which provides details about the times and places for each clinic visit.
- Your insurance card(s), Medicaid medical coupon and any required co-pay.
- Your child's Social Security number.
- This handout, if you need the map and check-in instructions.
- If needed, legal papers about custody or making health-care decisions for your child.

Medicines

- A list of all the medicines your child takes. Include prescription and non-prescription vitamins, herbs and supplements. Also include the name, dose and instructions. Or, you may choose to bring the medicine with you.

Other items

If you wish, personal items for your child, such as toys, snacks, diapers and a change of clothes.



Driving Directions

From the north:

- Take I-5 South to exit #169, N.E. 45th St.
- Turn left (east) at the stoplight onto N.E. 45th St.
- Go 1.5 miles, passing the University of Washington.
- At the bottom of the hill, turn left at the stoplight, and continue on N.E. 45th St.
- N.E. 45th St. will bear left, becoming Sand Point Way N.E.
- Children's Dental Medicine is at 4575 Sand Point Way N.E., half a block away from Children's main campus and on the opposite side of the street.
- Turn left after you pass the building, and park for free in the lot behind the building.

From the south:

- Take I-5 North to exit #169, N.E. 45th St.
- Stay in the right lane.
- Turn right at the stoplight onto N.E. 45th St.
- Go 1.5 miles, passing the University of Washington.
- At the bottom of the hill, turn left at the stoplight, and continue on N.E. 45th St.
- N.E. 45th St. will bear left, becoming Sand Point Way N.E.
- Children's Dental Medicine is at 4575 Sand Point Way N.E., half a block away from Children's main campus and on the opposite side of the street.
- Turn left after you pass the building, and park for free in the lot behind the building.

From the Eastside (Hwy. 520):

- Take 520 West over the Evergreen Point Bridge.
- Take the Montlake Exit (north) for 1.1 miles.
- Bear right onto 45th St., which becomes Sand Point Way N.E.
- Children's Dental Medicine is at 4575 Sand Point Way N.E., half a block away from Children's main campus and on the opposite side of the street.
- Turn left after you pass the building, and park for free in the lot behind the building.

From the Eastside (I-90):

- Take I-90 across the Mercer Island Floating Bridge to I-5 North.
- Take I-5 North to exit #169, N.E. 45th St.
- Stay in the right lane.
- Turn right at the stoplight onto N.E. 45th St.
- Go 1.5 miles, passing the University of Washington.
- At the bottom of the hill, turn left at the stoplight, and continue on N.E. 45th St.
- N.E. 45th St. will bear left, becoming Sand Point Way N.E.
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Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers: 206-987-2280 (TTY).

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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