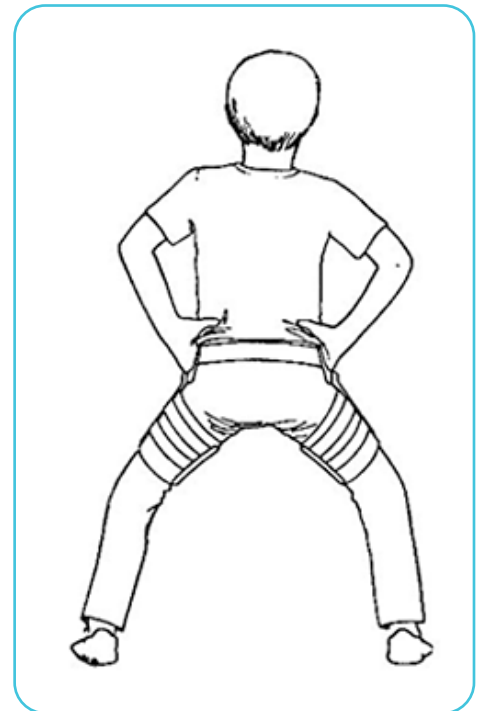




Scottish Rite Orthosis



How does my child put the brace on?

1. Place the brace on a firm and stable surface in the upright position.
2. Have your child sit down into the brace.
3. Fasten the pelvic band, making sure that it is snug.
4. Place your child's thighs into the thigh cuffs. Each thigh cuff should rest on the back of your child's thigh. Your child should be able to bend his knees.
5. Tighten all thigh straps, making sure that each one is reasonably snug.

How long should my child wear the brace?

The brace should be worn for _____ hours each day.

How do I clean the brace?

1. Dampen a clean cloth with water, and wipe out the inside of the brace. Dry the brace completely. **Do not cover the brace with water!** Moisture becomes trapped inside the brace. This may cause germs to grow. This will cause the brace to smell.
2. Dampen a different clean cloth with rubbing alcohol, and wipe out the inside of the brace again. This will prevent the brace from smelling.

To Learn More

- Orthotics and Prosthetics
206-386-6100
- Ask your child's nurse or doctor
- www.seattlechildrens.org

What is the best clothing to wear?

- Clothing should be worn under the brace.
- Thin pants are most comfortable.
- Pull pant inseam to the front of your child's leg so that the seams do not rub against the skin.

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.z

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