

Is Lantus Right for Your Child?

We want to help you decide which insulin choice will work best for your child and your family. Please respond to the following statements about your child with diabetes. There are no right or wrong answers. The information will help us decide which type of insulin will work better with your family's lifestyle. Please think about each statement very carefully.

	True	False
My child sleeps later on the weekends than during the week.		
My child does not require day care or babysitters.		
My child's food intake differs from day to day.		
Meal times vary from day to day.		
My child snacks twice per day or less.		
My child stays in <u>more</u> than one household.		
My child can give himself injections.		
Add up the check marks in each column.		

What does this mean?

- If you have five or more True responses: Lantus is a good choice for you.
- If you have three to four True responses: Either NPH or Lantus will work for you.
- If you have one to two True responses: NPH is a good choice for you.

These statements are only a guide; your diabetes team will work with you to help determine the best choice for you and your child.

Advantages of using Lantus

- Eat meals and snacks when you want, rather than on a fixed schedule.
- More flexibility in type and quantity of foods.
- Insulin is given in a pen device.

Disadvantages of using Lantus:

- You must take an injection of insulin with each meal and snack containing more than 15 gm of carbohydrates, generally six to eight injections per day.
- A school-age child unable to give herself injections must have a plan in place with her school.

FOR MORE INFORMATION

- Endocrine, (206) 987-2640
- Your Child's Health Care Provider

Children's will make this information available in alternate formats upon request. Please call Marketing Communications at (206) 987-5205.

This handout has been reviewed by clinical staff at Children's Hospital. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's health care provider.