

Sarmiento Humeral Fracture Brace

Putting on the brace

1. Put a clean, dry stockinette on your child.
2. Open the brace, and place it on your child's upper arm with the opening in front.
3. Place the brace tongue into the brace, and fasten the straps.
4. The brace should be snug to provide support.

Daily cleaning of the brace

- Each day, dampen a washcloth with rubbing alcohol, and clean the brace with it.
- The brace may get wet during showers. Dry the brace after each shower.

Daily cleaning of your child's limb

- Clean your child's limb with soap and water each day.
- Inspect the skin each day, looking for red marks that **do not** fade within 30 minutes after removing the brace.
- Sores or excessive calluses should not develop.
- Put a clean, dry, cotton stockinette on your child.

Wear schedule

- Wear the new brace for one hour, inspect the skin and increase wearing time as tolerated.
- Work up to wearing the brace _____ hours each day.

When should I call the Orthotics Department?

- Call the Orthotics Department with any brace-related problems, including strap replacement, growth adjustment or skin/fitting issues.
- To schedule follow-up and return appointments, please call 206-386-6100. All patients need scheduled appointments.

To Learn More

- Orthotics and Prosthetics
206-386-6100
- Ask your child's healthcare provider
- www.seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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