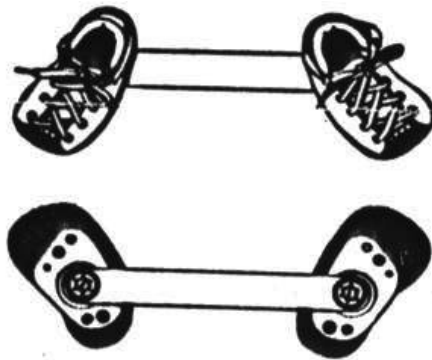


# Straight Last Shoes and Denis-Browne Bar

## Putting on the shoes

1. Put clean, dry, cotton socks on your child.
2. Place your child's feet flat into the shoes with heels all the way back.
3. Fasten the tongue straps, and lace the shoes.
4. Apply the bar by lining up the marks on the bar and the plate.
5. Make sure the bolts are tight.
6. Set the right foot at \_\_\_\_\_ degrees and the left foot at \_\_\_\_\_ degrees.



## Daily cleaning

- Wash your child's feet each day with soap and water.
- Inspect the skin each day, looking for red marks that **do not** fade within 30 minutes after removing the shoes.
- Sores or calluses should not develop.
- Put on clean, dry, cotton socks after washing and inspecting your child's feet.

## Wear schedule

- New shoes will need to break in.
- Wear new shoes for one hour, inspect skin and increase wearing time as tolerated.
- Work up to wearing the shoes and Denis-Browne bar \_\_\_\_\_ hours each day.

### To Learn More

- Orthotics & Prosthetics  
206-386-6100
- Your child's healthcare provider
- [www.seattlechildrens.org](http://www.seattlechildrens.org)

### When should I call the Orthotics Department?

- Call the Orthotics Department with shoe-related problems, including shoe replacement and skin or fitting issues.
- To schedule follow-up and return appointments, please call 206-386-6100. All patients need scheduled appointments.

### Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers: 206-987-2280 (TTY)

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Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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