



Pre-auricular Tragal Duplication and Pre-auricular Cyst

Discharge instructions
for home

When may my child eat?

- Nausea and/or vomiting (throwing up) are common after surgery. If this occurs, a clear liquid diet given slowly will help.
- When fully awake, your child may have clear liquids, such as 7-Up, Jell-O, Popsicles and apple juice.
- If the liquids stay down and your child remains fully awake, your child may then start their regular diet.

How do I care for my child's surgery site?

- Keep the surgery site dry.
- Place ointment on the incision area once a day following surgery until seen in clinic, or for two weeks if you do not have a post-operative appointment.
- A small amount of bleeding from the site is okay. If there is a lot of fresh, red blood bleeding from the surgery site, put direct pressure on the bleeding using a clean, dry cloth and call the Otolaryngology Clinic.

How much activity can my child do?

- Watch your child closely today. Most children can go back to normal activity in 24 hours.
- Your child may be dizzy at times the day of surgery.
- Ask your nurse when your child may return to school and sports.

How can I help my child with pain?

- Discomfort is common right after surgery, but it should get better after the first day.
- Start with regular Tylenol (acetaminophen), but use the prescription medicine if the pain persists. Tylenol and prescription pain medicine may not be safe to use at the same time. Check with your child's doctor or pharmacy if you have any questions.
- Wait at least four hours between doses.

When should I call a doctor?

If your child is having any problems, call our office at 206-987-2105 during the day. After hours, call 206-987-2000 and ask the hospital operator to page the Otolaryngology resident on call.

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To Learn More

- Otolaryngology
206-987-2105
- Ask your child's
healthcare provider
- www.seattlechildrens.org

Call us if your child has any of these warning signs:

- Fever higher than 101.5°F (38.6°C)
- Vomiting continues after 24 hours
- There is a lot of fresh, red blood bleeding from the surgery site
- The surgery site swelling seems worse
- You feel that your child seems sicker or is not getting better as expected

Free Interpreter Services

- In the hospital, ask
your child's nurse.
- From outside the
hospital, call the
toll-free Family
Interpreting Line
1-866-583-1527.
Tell the interpreter
the name or extension
you need.
- For Deaf and hard of
hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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