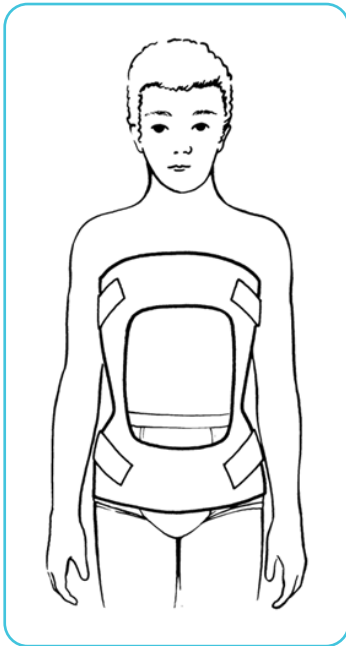


Bi-Valved Body Jacket



How does the body jacket go on?

To put on the jacket, or brace, your child should be lying down.

1. Put on a cotton T-shirt by log-rolling the child from side to side. Pull extra fabric to the front, and smooth out all wrinkles.
2. Roll the child onto her side, and hold the back piece of the brace to your child's back.
3. Roll your child onto her back, and check the position of the brace. The outline of the brace should match the shape of your child.
4. Place the front piece on the child's chest. The edges should overlap the back piece. All edges of the brace should line up from front to back. Thread the Velcro straps through the metal loops. Once the straps are fastened, the fit should be snug.

How long should the brace be worn each day?

Brace should be worn for _____ hours each day.

What should be done for cleanliness?

With your child lying down:

1. Remove the brace by log-rolling her from side to side.
2. Look at the skin for any redness, rashes or sores. A sponge bath or bed bath should be given. Dry your child completely.
3. Put on a clean, dry T-shirt after each bath.

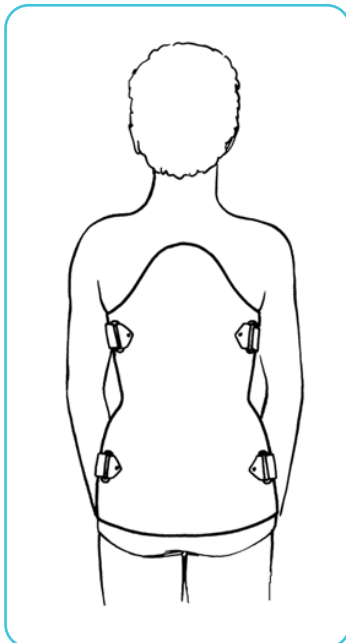
When the doctor says it is all right, your child may shower without the brace. The brace must be removed and put on again while the child is standing. **Do not let your child bend, sit, or lie down without the brace.** Replace the brace immediately after each shower.

To clean the brace:

1. Dampen a cloth with water, and wipe out the inside of the brace. Dry completely.

Do not cover the brace with water! Moisture becomes trapped inside the brace. This may cause germs to grow. This will cause the brace to smell.

2. Dampen a different cloth with rubbing alcohol, and wipe out the inside of the brace again. This will stop brace odor.



To Learn More

- Orthotics and Prosthetics
206-386-6100
- Ask your child's healthcare provider
- www.seattlechildrens.org

What is the best clothing to wear?

- Loose-fitting shirts or blouses and pants or skirts with an elastic waist are most comfortable.
- A clean, dry, cotton tank top must be worn under the brace to protect your child's skin.

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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