

# Seattle Abduction Brace

## Putting on the brace

1. Place the brace on a firm and stable surface in the upright position.
2. Set your child down into the brace, making sure his lower back rests against the back section.
3. Place the child's thighs into the thigh cuffs. Each thigh cuff should rest on the back of the child's thigh. (Fig. 1) The child should be able to bend his knees. (Fig. 2)
4. Tighten all straps, making sure that each one is reasonably snug.



Fig. 1



Fig. 2

## Schedule

Brace should be worn for \_\_\_\_\_ hours each day.

## Daily cleaning of the brace

1. Dampen a cloth with water, and wipe out the inside of the brace. Dry completely with a clean towel.  
**Do not cover the brace with water!** Moisture becomes trapped inside the brace and may cause germs to grow. This will cause the brace to smell.
2. Dampen a different cloth with rubbing alcohol, and wipe out the inside of the brace again. This will stop brace odor.

### To Learn More

- Orthotics and Prosthetics  
206-386-6100
- Ask your child's healthcare provider
- [www.seattlechildrens.org](http://www.seattlechildrens.org)

### Clothing

Children are most comfortable wearing sweatpants or loose, cotton pants, tops and jumpers — although the thigh cuffs are flexible enough to fit over most clothing.

### Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers  
206-987-2280 (TTY)

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Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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