

(IV) ACTH (Cortrosyn) Stimulation Test

Ordered by:

Date of test:

Time:

Type of test:

Why is this test being done?

This test is being done to find out how much cortisol or other adrenal hormones are produced by your child's adrenal glands. ACTH stimulates the adrenal glands. Then, cortisol or other hormones are measured in the blood an hour later.

How is the test done?

The test is done by placing a small needle (IV) into your child's vein and drawing a small amount of blood. Medicine (Cortrosyn) is then given through the IV, and blood is drawn again in 30 minutes and/or one hour.

How do I prepare my child for the test?

- Your child does not need to fast for this test.
- Bring books, toys or games for your child to use during the test. We have a TV and VCR/DVD player, so feel free to bring a video for your child to watch.

Where do we go for the test?

Enter Seattle Children's at any Whale entrance and check in at the 6th floor Balloon area. This is the Hem/Onc registration desk. Once checked in, please have a seat in the waiting area and someone will come out to meet you. Ask the greeter at the front desk to direct you to the desk.

Who do I call if I have questions or need to reschedule or cancel the test?

Please call the Endocrine nurses at 206-987-2640, option 4 if you have questions about the test or about these instructions. If you need to cancel or reschedule the test, please contact the Scheduling Center at 206-987-2640, option 1. Thank you!

To Learn More

- Endocrinology
206-987-2640, option 4
- Ask your child's healthcare provider
- www.seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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