

Puberty Hormone Test

Ordered by:

Date of test:

Time:

Type of test:

Why is this test being done?

This test is being done to find out whether your child's brain is sending signals to start puberty. It can also be done to give a doctor more information about your child's body's ability to produce sex hormones.

How is the test done?

Blood for labs may be drawn at the start of the test period. A shot of medicine (Leuprolide) is then given and blood is drawn in the lab at specific times. We are checking to see if the medicine triggers the release of the hormones needed for puberty to kick in. Plan to spend at least 1 1/2 hours at Children's for this test.

How do I prepare my child for the test?

- Your child can eat or drink fluids as normal. Your child does not need to fast for this test.
- Bring books, toys or games for your child to use during the test.

Where do we go for the test?

Enter Children's at any Whale entrance and check in at the 6th floor Whale registration desk. Puberty tests are done in the Endocrinology clinic. Ask the greeter at the front desk to direct you to the clinic.

Who do I call if I have questions or need to reschedule or cancel the test?

Please call the Endocrine nurses at 206-987-2640, option 4 if you have questions about the test or about these instructions. If you need to cancel or reschedule the test, please contact the Scheduling Center at 206-987-2640, option 1. Thank you!

To Learn More

- Endocrinology
206-987-2640, option 4
- Ask your child's healthcare provider
- www.seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.
- For Deaf and hard of hearing callers
206-987-2280 (TTY)

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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