

# Type One Teens

A workshop for 15- to 18-year-olds with Type 1 Diabetes

**Saturdays**  
**10 a.m. to 1 p.m.**

**February 17, 2018**

**June 2, 2018**

**September 22, 2018**

**December 8, 2018**

Seattle Children's  
Hospital main campus  
Small Dining Room 2

Please bring a lunch or  
money for the cafeteria.  
We will eat lunch  
together around noon.

For more information or  
to RSVP, please contact:

Julie Schliebner, LICSW  
206-987-7485  
or  
Julie.schliebner@  
seattlechildrens.org



**A fun and informal workshop for high schoolers (15 to 18 years old) living with diabetes, facilitated by two diabetes social workers.**

Topics include:

- Talking to friends and classmates about diabetes
- Coping with the ups and downs of diabetes
- Making room for diabetes care in sports, activities, and hobbies
- Family communication
- Driving, social life, college and transition

Space is limited (a maximum of 12 spaces available) for all workshop dates. Please ensure that you RSVP at least 2 weeks prior to the listed date.

**At this time, this workshop can only be offered to patients seen at Seattle Children's Hospital clinics.**