



How to Return Your Child's Holter Monitor

Return your child's Holter monitor on or before:

When do I need to return the Holter monitor?

To avoid being charged for the Holter monitor, please return it **within 2 days** after monitoring is complete.

The Holter monitor is property of Preventice and Seattle Children's Hospital. If it is not returned, you may be charged to replace it.

How do I return the monitor?

To return the monitor, follow these steps:

1. Take the monitor off your child
2. Throw away the stickers
3. Put all of the parts (wires, monitor, monitor box, body strap and diary) into the pre-paid FedEx padded mailer
4. Seal the FedEx padded mailer
5. Return the mailer in-person to the Heart Center or ship it using FedEx

To Learn More

- Heart Center
206-987-2015
- Ask your child's healthcare provider
- www.seattlechildrens.org

How do I ship the box using FedEx?

To ship the box using FedEx, there are 2 options:

- Drop the box off to FedEx. Use www.FedEx.com to find a location.
- Schedule a pick-up from your home with FedEx.

How do I schedule a FedEx pickup?

- Online: www.FedEx.com/pickup
- Phone: 1-800-463-3339 (1-800-Go-FedEx)
- Mobile: m.fedex.com

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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