Surgery Day for
To get ready for your surgery, you will put on a hospital gown. A nurse will see how tall you are and check your blood pressure and temperature. A doctor will listen to your heart and lungs.

Draw a design on your gown.
When it is time for your surgery, you will fall asleep by breathing sleep medicine and air through a soft mask. You can have bubblegum, strawberry, orange or root beer smell in your mask. Which would you like?

What will you think about as you fall asleep?
Connect the dots to see what doctors and nurses wear on their faces during surgery.
When you wake up, you might be able to have a drink or a Popsicle.

Find the 3 hidden Popsicles in the picture!
Can you find your way on your surgery day?
After surgery, some kids go home the same day, and other kids go home on a different day.
To read more about your surgery day and make your own Surgery Day Plan:

- Go to www.seattlechildrens.org/patients-families/surgery
- Click Preparing Your Child
- Download our booklet, What to Expect on Your Surgery Day

If you have questions, have your parent or caregiver call a Child Life specialist.

For surgery in Seattle:
Seattle Children’s Surgery Center
Child Life Specialist
206-987-4672

For surgery in Bellevue:
Seattle Children’s Bellevue Surgery Center
Child Life Specialist
206-884-9234