# The SASH Method for IV Therapies

Prepare for the procedure as described in the educational material:

1. Disinfect the working area or tray.
2. Wash hands well.
3. Create a barrier using the drape.
4. Arrange supplies such as gloves, flush syringes, alcohol pads, tip covers and medication with tubing and pump.

## S

<table>
<thead>
<tr>
<th>Saline</th>
<th>______ ml</th>
</tr>
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</table>
|          | • Wash hands and put on gloves.  
|          | • Place the drape under the catheter.  
|          | • Scrub the catheter cap with alcohol for 15 seconds and dry for 15 seconds.  
|          | • Remove air from the saline syringe.  
|          | • Attach the saline syringe to the catheter.  
|          | • Unclamp catheter.  
|          | • Flush briskly with saline.  
|          | • Clamp catheter.  
|          | • Remove the saline syringe.  

## A

<table>
<thead>
<tr>
<th>Administer medicine or IV fluid</th>
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</table>
|                                  | • Attach medicine or IV fluid to the catheter.  
|                                  | • Turn the pump on and start the infusion.  
|                                  | • Unclamp catheter.  
|                                  | • Remove gloves. Wash or gel hands.  
|                                  | • When infusion is complete, clamp catheter.  
|                                  | • Wash or gel hands. Put on gloves.  
|                                  | • Scrub the connection between the catheter cap and the IV tubing with alcohol for 15 seconds and dry for 15 seconds.  
|                                  | • Remove the tubing from the catheter. Place the tip cover on the IV tubing, if saving.  
|                                  | • Scrub cap with alcohol for 15 seconds and dry for 15 seconds.  

## S

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|          | • Remove air from the saline syringe.  
|          | • Attach the saline syringe to the catheter.  
|          | • Unclamp catheter.  
|          | • Flush with saline.  
|          | • Clamp catheter.  
|          | • Remove the saline syringe.  

## H

<table>
<thead>
<tr>
<th>Heparin (_____ unit/ml)</th>
<th>______ ml</th>
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|                         | • Remove air from the heparin syringe.  
|                         | • Attach the heparin syringe to the catheter.  
|                         | • Unclamp catheter.  
|                         | • Flush with heparin.  
|                         | • Clamp catheter, then remove syringe.  
|                         | • Store the tubing with the syringe or bag attached in a zip closure bag in the refrigerator, if saving.  
|                         | • Remove gloves. Gel hands.  

Contact Home Care Services with questions: 425-482-4000 or toll free at 800-888-4429