

Disruptive Behavior and Aggression Resources

Information for Families

Books parents may find helpful:

Your Defiant Child: Eight Steps to Better Behavior (2013), by Russell Barkley, PhD

The Explosive Child (2001), by Ross Greene, PhD

The Difficult Child (2000), by Stanley Turecki, MD and Leslie Tonner

1-2-3 Magic: Effective Discipline for Children 2-12 (2004), by Thomas Phelan, PhD

Raising an Emotionally Intelligent Child (1998), by John Gottman, PhD

SOS Help for Parents (2006), by Lynn Clark, PhD

Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (2001), by Scott P. Sells, PhD

Your Defiant Teen: Ten Steps to Resolve Conflict and Rebuild Your Relationship (2013), by Russell Barkley, PhD

Videos parents may find helpful:

1-2-3 Magic: Managing Difficult Behaviors, by Thomas Phelan, PhD

Managing the Defiant Child, by Russell Barkley, PhD

The Kazdin Method for Parenting the Defiant Child (book with DVD), by Alan Kazdin and Carlo Rotella

Raising an Emotionally Intelligent Child, by John Gottman, PhD

Websites families may find helpful:

American Academy of Child Psychiatry Oppositional Defiant Disorder resource center

www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/Oppositional_Defiant_Disorder_Resource_Center/Home.aspx

Oppositional Defiant Disorder information from Mayo Clinic

<http://www.mayoclinic.org/diseases-conditions/oppositional-defiant-disorder/basics/definition/con-20024559>

The Incredible Years training programs

www.incredibleyears.com

Lives in the Balance

www.livesinthebalance.org



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HOSPITAL • RESEARCH • FOUNDATION

Partnership Access Line
Mental Health Consultation Outreach

This resource page is
now available in Spanish at
www.seattlechildrens.org/pal