

Family Faces

A Newsletter for Families of the Craniofacial Center



August 2006, Vol. 1 No 3

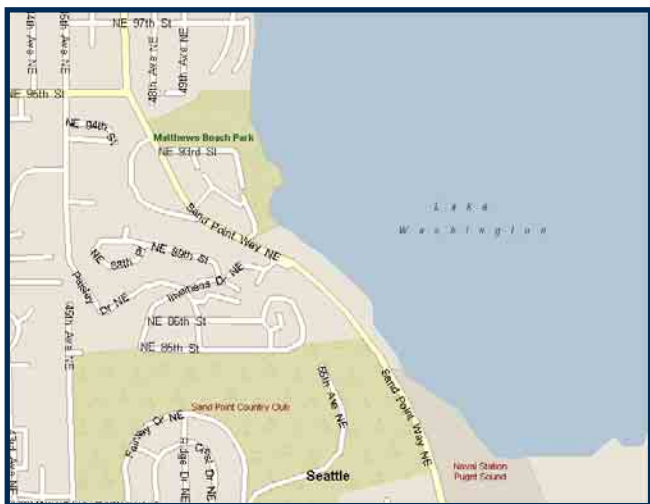
Seventh Annual Family Picnic

Sunday, September 17, 2006 – 11:30 am – 2:30 pm

The Details

- > 'Family Faces' is an organization of parents and health professionals who have joined together for information and support in dealing with Craniofacial issues.
- > Matthews Beach Park is located on the west shore of Lake Washington north of Children's Hospital. Look for sign and the balloons.
- > Hot Dogs, Chips, fruit and Beverages will be provided
- > Arts and Crafts, and other fun activities!

To RSVP, call Monica Andrews, LICSW at (206) 987-3159 or 1-866-987-2000 ext 73159. Or Email: monica.andrews@seattlechildrens.org



Matthews Beach Park, Seattle

The Directions

From Children's Hospital & Regional Medical Center

- > Head North on Sandpoint Way NE..
- > Turn right onto NE 93rd ST

Northbound:

- > Take I-5 North to LAKE CITY WY NE (HWY 522).
- > Head northeast for 1.6 miles, turn right on NE 95TH ST for 1.3 miles
- > Turn right on SAND POINT WY NE for 0.1 miles.
- > Bear left on NE 93RD ST.

Southbound:

- > Take I-5 South to Northgate Way.
- > Turn right on Lake City Way.
- > Turn Left on NE 95th ,
- > Turn right on Sand Point Way NE.
- > Bear left on NE 93rd St.

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*Join us
for **FOOD**
and **FUN!***

There will be a
MAGICIAN,
DOOR PRIZES,
and
ARTS AND
CRAFTS!!

Julie's Goodbye

Just as things were becoming more defined for me as the Family Liaison for the Craniofacial Center, there is fork in the road. As many of you know, my husband I have been foster parents for about 15 years. Three of our four children came to us through the foster care program. After our last child's adoption was final we had decided we were not going to take any more children. Our home was full and our lives were becoming busier.

A few months ago we got a call to take a foster care placement. After much thought, we decided to take 2 infant twins into our home. One of the twins has some medical issues. There are not enough foster homes for children with medical issues. Because of the experience with our son A.J., the agency felt we were a good fit. With this placement and commitment to these babies, I had to make the difficult decision to leave my job as Family Liaison with the Craniofacial Center.

I will continue to be involved with Children's and the Craniofacial Center as a new family liaison transitions into the role. I am so grateful for this opportunity and for the time I have spent as the family liaison. I wish all of you the best of luck and my sincere appreciation for your help, feedback and involvement.

Best wishes to all of you!!
Julie Sanchez

Emily Lovegrove in Seattle

The Craniofacial Center was proud to host guest lecturer Dr Emily Lovegrove in April 2006. Dr. Lovegrove is psychologist and researcher from England. Her research interests revolve around adolescent concerns with teasing or bullying about appearance, and in teaching a package of successful, adaptable strategies to deal with those concerns.

While in Seattle, Dr. Lovegrove met with a group of parents from the Craniofacial Center, presented to the hospital community, offered a staff training and held a workshop for teens from the Craniofacial Center.

Dr. Lovegrove's book, *Help! I'm Being Bullied*, is a useful tool for parents and their children on how to deal with bullying. The book is due to be released on September 4th, 2006. (More on page 4)

SUMMERTIME FUN !!!

The anti bullying seminar

Hello, I am Simon Aspinall and I am talking about the bullying seminar that went down in April. For me this discussion had some things in there from school (which is a good thing) but she made some very good points for about bullying like, when you get bullied and you go tell a adult and it just gets worse or when you approach them when your by your self . Overall this seminar was a great experience and Emily had some great ideas that are worth listening to.

- Simon Aspinall

A special message from our team



The Craniofacial Center is proud to honor and thank Dr. Lena Omnell, Orthodontist, whose years of service in the Craniofacial Center have enriched the lives of her patients and her colleagues. Dr. Omnell's love of patient care and her commitment to the Craniofacial population will be missed.

We wish her the best in this next chapter of her life!

Kabuki Family Picnic

When: August 19th, 2006, 1pm
Where: Federal Way

Contact: Rose & Jon Jacobi
(253) 874-1902

Or email:
RMJacobi@aol.com

*Everything has its wonders,
even darkness and silence,
and I learn, whatever state
I may be in, therein to be
content."*

- Helen Keller

Easy-to Swallow, Easy-to-Chew Cookbook

By John Wiley and Sons, 2002

Understanding swallowing is a complex subject, and the authors give us 50 pages of easy to understand education on the subject! We welcome this important resource with over 150 recipes. Find it at your local bookstores.

Teen Retreat with Emily Lovegrove



Dr. Lovegrove is a Researcher at the Centre for Appearance Research, University of the West of England, Bristol, United Kingdom

“Tackle bullying with more bullying and what have you achieved? I am for defusing bullying. I am talking about psychological bullying which almost always precedes physical. Then you have much better chance of it not turning into violence.”



Children who are bullies are generally unhappy – and then again the children who are bullied are unhappy, too. There are no simplistic solutions. People need to be alert to it and willing to work with the complexity and mess that is involved.”

Emily Lovegrove Luncheon



Children's Hospital and Regional Medical Center Ranks as One of Nation's Best

Recently U.S. News & World Report magazine placed Children's Hospital and Regional Medical Center among the nation's top children's hospitals for the 14th consecutive year. The results were announced as part of U.S. News & World Report's 17th annual "America's Best Hospitals" Index on newsstands July 10. Children's was ranked 12th in the country, and the only children's hospital in the Pacific Northwest to make the list.

Exciting Opportunity at Children's Hospital!!

We are looking for a Craniofacial Family Liaison

Why did we create this position?

To help ensure that we deliver family-centered care in the Craniofacial Center of Children's Hospital. By working as a liaison for families and staff, this person will disseminate information, resources and opportunities to families. This role will also provide recommendations grounded in family perspectives to staff for various new initiatives and projects.

What are the types of tasks for this position?

- > Developing a new parent packet to be distributed in clinic
- > Developing and maintaining a quarterly newsletter for families in the Craniofacial Center
- > Organizing the annual Craniofacial Family Picnic

What are the requirements for applying?

- > Parent of a child with a Craniofacial difference (or diagnosis) receiving care for at least 2 years in the Craniofacial Center of children's Hospital.
- > High school diploma
- > Strong organization skills, flexibility and ability to prioritize.
- > Good communication/interpersonal skills.
- > Strong verbal and written skills.
- > Able to establish and maintain productive work relationships with others.
- > Computer literacy

Work hours (about 4 hours per week) are flexible.

Please contact Arlene Libby 206-987-4059 if you want to learn more about this position.

Sibshops for Siblings

Children's Sibshops are lively, pedal-to-the-metal, award-winning celebrations of the many contributions made by brothers and sisters of kids with special needs

Sibshops for Siblings of Kids with Special Health Needs and/or Special Developmental and Learning Needs

Includes, but is not limited to: diabetes, cancer, cystic fibrosis, muscular dystrophy and heart, kidney, liver, gastrointestinal or lung disease, autism, cerebral palsy, Down's syndrome, ADHD, and spina bifida.

2006: September 30, October 21, November 4, December 2

2007: January 6, February 3, March 3, April 14, May 5, June 2

2:00 – 5:00 p.m.

\$20 (includes snack)

Sound Café, Children's Hospital (206) 987-3285

Sibshops for Siblings of Kids with Special Developmental and Learning Needs

Includes but is not limited to: autism, cerebral palsy, Down's syndrome, ADHD, and spina bifida.

2006: September 30, October 21, November 4, December 2

2007: January 6, February 3, March 3, April 14, May 5, June 2

9:30 a.m. – 12:30 p.m.

\$20 (includes snack)

Sound Café, Children's Hospital (206) 987-3285

CALENDAR OF EVENTS:

> Kabuki Family Picnic

August 19th

Contact Rose & Jon Jacobi for more information:

(253) 874-1902

> Seventh Annual Family Picnic

September 17th

Matthews Beach Park, Seattle

Contact Monica Andrews for more information:

(253) 987-3159 or

1 (800) 866-987-2000 ext. 73159

Children's

Hospital & Regional Medical Center

Craniofacial Center

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