

Asthma and the Active Child

Asthma and the Active Child is a class for parents, day care providers and school nurses who care for children with asthma. Nurse practitioners and a pharmacist from Children's Hospital and the Pediatric Pulmonary Center at the University of Washington will talk about medicines, how to keep children with asthma active and the latest and greatest ways to care for a child with asthma. Instructors will also allow time for a question and answer session so bring any additional questions you may have related to asthma and kids. Class participants will receive the Children's Living With Asthma booklet and snacks and refreshments will also be provided.



Class details:

Dates and Times: Wednesdays, Oct. 17, 2007, Feb. 27, 2008, Oct. 15, 2008 – 9:30 to 11:30 a.m.
Wednesday, May 7, 2008 – 7 to 9 p.m.

Place: Children's Hospital and Regional Medical Center
4800 Sand Point Way NE
Seattle, WA 98105-0371
For driving directions, call (206) 987-2226 (accessible 24/7-recorded).

Parking: Park for free in the Giraffe parking lot (first parking garage to your left as you drive up Penny Lane). Enter the hospital through the Giraffe entrance, located straight across from the parking garage. The greeter at the door can help you find the right classroom.

Room All classes will be held in Room G1027

Fee: \$15.00; includes Children's Living With Asthma booklet.
Scholarships are available; please call (206) 987-2486 for details.

Registration: Visit www.seattlechildrens.org/classes to register. If you do not have access to the Internet or have additional questions, please call (206) 987-2486.

"I learned how to recognize problems and start early"

"I feel much better about taking care of my child at home now"

- Past class participants