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# Potty Training

This class helps prepare parents and caregivers of toddlers (ages 12 to 30 months) for potty training your child. You will learn the physical, intellectual, psychological, emotional and social signs of readiness for your child to succeed at using the toilet. Also learn tips, such as what kind of potty chair is best, how to encourage your child and how to handle setbacks. There will be time for questions and answers.

The class is taught by Ginger Thomas, RN, of Seattle Children's Urology Clinic. For more information about our classes, please visit [www.seattlechildrens.org/classes](http://www.seattlechildrens.org/classes).

## Class details:

**Date:** Sunday, Feb. 7, 2010

**Time:** 10 a.m. to noon

**Fee:** Free; Pre-registration required

## Register:

Visit [www.seattlechildrens.org/classes](http://www.seattlechildrens.org/classes) to register. If you do not have access to the Internet or have additional questions, please call 206-987-2486.

## Place:

Seattle Children's Hospital  
Wright Auditorium  
4800 Sand Point Way NE  
Seattle, WA 98105

For driving directions, call 206-987-2226 (accessible 24/7—recorded).

**Directions to Wright Auditorium:** Park free in the Giraffe parking lot (first parking garage to your left as you drive up Penny Lane). Enter the hospital through the Giraffe entrance, located straight across from parking garage. Get an entrance badge from the Greeter Desk (bring a photo ID). Follow the hallway past the giraffe statues. Wright Auditorium is on the left.

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Seattle Children's will make this information available in alternate formats upon request. Call Marketing Communications at 206-987-5205 or 206-987-2280 (TTY).

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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