

CATTS

Children's ADHD Telemental Health Treatment Study

Spring 2011 Newsletter

In our 3rd year of CATTS, we have enrolled 110 children in treatment at our 5 study sites -----> just 140 more to go !!!! We have added 2 more sites: Seattle Children's Clinics in Bellevue and in Everett. **Remember, this treatment study is free for families**

CATTS is examining whether telecommuting a child psychiatrist to non-urban communities is "value added" in helping doctors to care for children's mental health problems. Currently, we are focusing on ADHD as it is so common and interferes with children's development. This year we are also reaching out to Hispanic children as research has shown that they are underserved in obtaining care for ADHD. We are hoping that CATTS may be a resource to doctors serving Hispanic populations.

Remember, health insurance is not an issue as **the clinical sessions are free**

We appreciate your support and look forward to further collaboration in 2011.

Sincerely,

Kathleen Myers MD

Kathleen Myers, MD, MPH, MS



A child's teacher joins the parent, therapist, and telepsychiatrist to help with treatment planning.

How to Refer Children 5.5 to 12 y/o with ADHD to the Study.....

- 1** Talk to the family about the study.
- 2** Fax a referral to **206-985-3128**. Copies of the referral form are on our website: **www.tv4adhd.org**
- 3** Call us: we will complete the referral forms: 1-800-997-4017

✓ We especially want to recruit Hispanic children identified with possible ADHD

The new Medicaid ruling does not affect eligibility for CATTS as all clinical sessions are free

ADHD Treatment Tactics

- Recent research has shown that youth with ADHD who are aggressive may require higher doses of stimulants
- The Preschool ADHD Treatment Study (PATS)* found that low dose stimulants may safely help young children with ADHD
- A recent MRI study indicates that children with ADHD show delays in "thinning" (or reorganization) of their frontal cortex as they mature into adolescence

PHONE: 1-800-997-4017 EMAIL: catts@seattlechildrens.org

FAX: 206-985-3128 WEB: www.tv4adhd.org

Don't forget about girls with ADHD. They can be missed because they are often not as hyperactive as boys. They tend to seem "spacey" ----- and can be very argumentative.



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What is CATTS?

CATTS is a study funded by the National Institute of Mental Health to determine whether children with ADHD in underserved communities can be effectively treated through telemental health (TMH) --- over the TV!

www.tv4adhd.org

catts@seattlechildrens.org

CATTS Locations across the Northwest!



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