



S.T.A.R. Group for Adolescents

This group is for adolescent girls who have recently been discharged from an inpatient or residential Eating Disorders Program. This 20-week group is a skills-focused transitional group designed to provide continuing therapeutic support for recovery, psychoeducation, and increased coping skills. The cost of the group is \$20 per session and may be covered by insurance. New members may join the group at orientation sessions held every 5 weeks. Please contact Cynthia Flynn, Ph.D., in the Department of Psychiatry and Behavioral Medicine, at 206-987-6484 to register and/or receive more information.